MARCH 2021

NEWSLETTER

Happy St. Patrick's Day
We have hired a Tribal Administrator, Mr. Timothy Nelson who joined our organization and began on February 1, 2021. He is excited and ready to assist the Tribe and is looking forward to hitting the ground running.

I want to THANK, Miss. Larecia Lopez for her hard work and dedication to the Chevron Station. She stepped up to help us when we needed it. Larecia has provided her notice and will be leaving the Assistant Manager position at the Chevron. We always knew Larecia had other goals and plans for her future and we wish her the best!

The Chevron Station has had some cosmetic changes: the sign by the highway is now operational and visible. Using CARES Treasury funding a sliding door and touchless toilets and sinks have been installed, which will help prevent during the pandemic.

We have been working with the other Arizona Tribes in developing a new gaming compact as the current compacts will be expiring soon. This process has been many years in and finally a draft compact was approved by a majority of the Tribes and given to the Governor's Office to begin negotiations. It was believed the new compacts would have to be approved by the Arizona Legislature; however, this is not the case and the Governor can sign these documents since it is an amendment to the 2002 compact. His office is now preparing to proceed with the signing of the compacts for each Tribe. We will continue to maintain our transfer agreements with Ak-Chin Indian Community and Gila River Indian Community for our gaming devices.

In September 2020, the Utah Board of Water Resources and the Washington County Water Conservancy District asked for an extension of time for completion of the environmental impact statement (“EIS”) for the proposed Lake Powell Pipeline (“LPP”) Project, and asked that the Bureau of Reclamation establish a new schedule for completion of the EIS. The request came after a difficult 15-month period in which the Bureau of Reclamation, along with the Bureau of Land Management, attempted to complete an EIS pursuant to fast-track regulations put into place by the Trump Administration. The result of the rushed effort to complete the EIS within 15 months was a general recognition that the EIS was inadequate to fully analyze the impacts of the LPP Project, notably the impacts on the interests of the Kaibab Tribe. Following the LPP Project proponents’ request for an extension, a new timeline has been established which calls for issuance of a draft EIS in the Fall of 2022. Dr. Richard Stoffle continues to participate in the EIS process on behalf of the Kaibab Tribe to ensure that the Tribe’s interests are represented.

The Kaibab Tribe continues to adhere to the 2012 resolution of the Tribal Council which, following the Tribal Members’ wishes, allows the LPP Project to be located along Arizona State Highway 389 as it crosses the Reservation so that the Tribe’s traditional territory to the south of the Reservation can remain undisturbed. The Tribal Members unanimously affirmed this decision at the general membership meeting in October 2019. During the period from about 2017 to early 2020, the Tribe engaged in discussions with the LPP Project proponents, however, the State and District were consistently unwilling to consider the Reservation alignment for the pipeline and pushed for a southern alignment. For this reason, the Tribal Council determined that it would not continue discussions with the LPP Project proponents. Recently, the LPP Project proponents have determined to take a new look at the question of pipeline alignment and hope to reinstate discussions with the Tribe in the near future on this critical issue. Should there be serious consideration by the LPP Project proponents of the Reservation highway alignment, it is possible that discussions will begin again to negotiate that right-of-way.
KAIBAB BAND OF PAIUTE INDIANS

PUBLIC NOTICE

NOTICE OF AMENDMENTS TO TRIBAL MEETING ORDINANCE

Amendments to the Kaibab Band of Paiute Indians Tribal Meeting Ordinance have been approved by Tribal Council for public comment.

The Tribal Meeting Ordinance is enacted under Article VI, Section 1 (h) and (o), and Article VII, Section 1(h)(1) of the Tribal Constitution, and the inherent sovereign authority of the Tribe.

Copies of the proposed amendments to the Tribal Meeting Ordinance can be obtained at the Tribal Administration Building at the front desk, or by email. Emailed copies can be requested by calling 928.643.7245.

The amendments to the Tribal Meeting Ordinance provide for Tribal Council meetings and the Tribe’s General Council meeting to be held electronically in the event of a serious threat to the health and welfare of any Tribal member or the political integrity of the Tribal government, and provide for Tribal Council action by email or other electronic/digital means.

Written comments can be sent by email to osegundo@kaibapaiute-nsn.gov or mailed to Tribal Council, 1 N Pipe Springs Rd., Fredonia, AZ 86022. Comments must include Tribal member’s name, description of the proposed ordinance, specification of whether the Tribal member desires the ordinance to be enacted, modified, or not enacted; any desired revisions; and rationale behind Tribal member’s comments.

Last day to submit written public comment:
<table>
<thead>
<tr>
<th>Job Title</th>
<th>Hours</th>
<th>Term</th>
<th>Salary</th>
<th>Benefits</th>
</tr>
</thead>
<tbody>
<tr>
<td>CHR Diabetes Educator</td>
<td>F/T</td>
<td>Perm</td>
<td>$12.00/hr</td>
<td>Yes</td>
</tr>
<tr>
<td>Evaluates nutritional care and provides follow-up for Tribal members. Instructs individuals and families in nutritional principles, diet, food selection, and economics and adapts to teaching plans to individual lifestyle and cultural preferences. Provides consultation to and works with community groups. Must have one to two years’ experience in health and nutrition or field related to diabetes management. Bachelor’s Degree in related field preferred.</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>CHR Medical Assistant/Receptionist</td>
<td>F/T</td>
<td>Perm</td>
<td>$12.50/hr</td>
<td>Yes</td>
</tr>
<tr>
<td>Coordinate services, billing and information between clients, Indian Health Services and the Community health Department. Assist patients with billing/insurance questions. Conduct home visits that include blood pressure monitoring, glucose testing and other medical support. Some patient transport may be required. High level of communication skills and computer ability required.</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Tamarisk Crew Leader</td>
<td>F/T</td>
<td>Temp</td>
<td>$15.00/hr</td>
<td>No</td>
</tr>
<tr>
<td>Supervision of Tamarisk Crew. Must be able to work as a sawyer and direct employees and project to work in extreme weather conditions to remove non-native tamarisk trees and noxious plants from KPT reservation lands. Seasonal position.</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Tamarisk Sawyer</td>
<td>F/T</td>
<td>Temp</td>
<td>$15.00/hr</td>
<td>No</td>
</tr>
<tr>
<td>Must have verifiable sawyer experience, ability to work in extreme weather conditions to remove non-native tamarisk trees and noxious plants from KPT reservation lands. Seasonal Position</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Tamarisk Laborer (3)</td>
<td>F/T</td>
<td>Temp</td>
<td>$11.00/hr</td>
<td>No</td>
</tr>
<tr>
<td>Three positions are available to assist with tamarisk and noxious plant removal. Must be able to work outside in extreme weather and do moderately difficult physical labor. Seasonal Position</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Human Resources Director</td>
<td>F/T</td>
<td>Perm</td>
<td>$14.00 - $16.00+ DOE</td>
<td>Yes</td>
</tr>
<tr>
<td>The Human Resources Director works closely with all tribal government departments and business enterprises to ensure compliance with applicable laws, regulations, guidelines, and the Kaibab Band of Paiutes policies, procedures and established practices. The Human Resources Director oversees a full range of duties in the major areas of human resource management and provides leadership, direction, and management in supporting departments and programs.</td>
<td></td>
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</tr>
</tbody>
</table>

The above descriptions are not intended to be considered a complete listing of job duties. Employment applications and complete job descriptions are available online at [www.kaibabpaiute-nsn.gov](http://www.kaibabpaiute-nsn.gov) or from Human Resources at 928-643-8307.
Level One Learning Model

- Temperature checks upon arrival
- Students with a fever of 103 degrees will be immediately sent home
- Masks worn when dispersed is no possible
- Social distancing in place using separate learning spaces with dividers for students
- In-person learning by appointment in the Community Building

Level Two Learning Model

- Additional cleaning and sanitizing done daily and in between learning opportunities
- Masks worn when dispersed is no possible
- Social distancing in place using separate learning spaces with dividers for students
- Temperature checks upon arrival
- Students with a fever of 103 degrees will be immediately sent home

Level Three Learning Model

- In-person learning once the quarantine order is complete for student and staff
- Temperature checks upon arrival
- Students with a fever of 103 degrees will be immediately sent home
- In-person learning by appointment in the Community Building
- Additional cleaning and sanitizing done daily and in between learning opportunities
- Masks worn when dispersed is no possible
- Social distancing in place using separate learning spaces with dividers for students

Current Level 1

2/25/2021

Sign Up For Tutoring

Kabab Poutine

4adsf2da1t5225-tutoring
https://www.signupgenius.com/go/10cdac
Intermountain
Garfield Memorial
Hospital

3D DIGITAL MOBILE MAMMOGRAPHY UNIT

coming to your area

Kanab
March 16, 17, & 18, 2021

Call 435-676-1267 or 435-676-1547 to schedule an appointment.

FREE mammograms available to those who qualify.
Provided by UCCP - Utah Cancer Control Program
The effective management of food intake and nutrition are both key to good health. Smart nutrition and food choices can help prevent disease. Eating the right foods can help your body cope more successfully with an ongoing illness. Understanding good nutrition and paying attention to what you eat can help you maintain or improve your health.

What is good Nutrition?

A healthy diet includes a lot of natural foods. A sizeable portion of a healthy diet should consist of fruits and vegetables, especially ones that are red, orange, or dark green. Whole grains, such as whole wheat and brown rice, should also play a part in your diet. For adults, dairy products should be non-fat or low-fat. Protein can consist of lean meat and poultry, seafood, eggs, beans, legumes, and soy products such as tofu, as well as unsalted seeds and nuts.

Nutrition Deficiencies

Even if you are getting enough to eat, if you are not eating a balanced diet, you may still be at risk for certain nutritional deficiencies. Also, you may have nutritional deficiencies due to certain health or life conditions, such as pregnancy, or certain medications you may be taking, such as high blood pressure medications. People who have had intestinal diseases or had sections of intestines removed due to disease or weight loss surgery also may be at risk for vitamin deficiencies. Alcoholics are also at high risk of having nutritional deficiencies.

Disease and Conditions Influenced by Nutrition

Many health conditions are caused and/or affected by food and nutrition. Some are directly caused by food, such as “food poisoning” or bacterial infections from contaminated food. Some people can have severe allergies to foods like peanuts, shellfish, or wheat (celiac disease). Gastrointestinal ailments—such as irritable bowel syndrome, ulcerative colitis, and gastroesophageal reflux disease (GERD)—are also directly affected by the consumption of food.

For other diseases and conditions, the type or quantity of food can influence the progress of the disease.

- hypertension: Salt intake affects blood pressure.
- heart disease/high cholesterol: Fatty foods and partial hydrogenated oils can create plaque in arteries.
- osteoporosis: Low calcium, low vitamin D and excess fat can result in fragile bones.
- certain cancers: A poor diet and obesity are associated with increased risk of breast, colon, endometrial, esophageal, and kidney cancers.
- Diabetes: foods high in sugars and carbohydrate need to be monitored

Your food choices and nutritional status can influence your overall health over the entire course of your life.

Any Questions Email or Call:

Susan Erickson RN
Tribal Nurse
928-643-8332
serickson@kaibabpaiute-nsn.gov
NUTRITION

Zoom Education Class

Wednesday

March 17, 2021

6 pm

Zoom Link will be posted closer to the class date on

Kaibab Paiute Tribe Facebook Page
Smoke Signals Facebook Page
Tribe Website
kaibabpaiute-nsn.gov

Any Questions call or email:
Susan Erickson RN
928-643-8332
serickson@kaibabpaiute-nsn.gov
Diabetes and Foot Care

Diabetes Zoom Education Class

Wednesday
March 24, 2021
6 pm

Zoom Link will be posted closer to the date on
Kaibab Paiute Tribe Facebook page
Smoke Signals Facebook page
Tribe Website
kaibabpaiute-nsn.gov
Any Questions Call or Email:
Susan Erickson RN
Tribal Nurse
928-643-8332
serickson@kaibabpaiute-nsn.gov
WELCOME Daniel Bulletts the new Cultural Resources/SPC Director his official first day was February 16th.

JOIN THE CULTURAL RESOURCES COMMITTEE

The committee meets on an as needed basis. Turn application into Tribal Office c/o Daniel Bulletts. Committee Chairperson Needed!

The Practice Challenge
Tell 3 family members, 2 friends, and 1 coworker "How Are You" in the Kai-va-vich language every day for the next week.

To access available virtual language lessons. Tribal members can create an account using their tribal ID https://www.kaiavichlanguage.com for help, Contact: Miya Osile, Language Program 643-6485

Support Language Revitalization
COMMITTEE APPLICATION
KAIBAB BAND OF PAIUTE INDIANS

Cultural Resources Committee

DATE: 

NAME: __________________________ AGE: 

MAILING ADDRESS: ____________________________

WHY DO YOU WANT TO BE A MEMBER OF THE COMMITTEE:

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

Signature of Applicant

Date

Would you be willing to serve as the chairperson of the committee? Yes ___ No ___

Official Use Only

COMMENTS:

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

Approval Date: ____________ Denial Date: ____________

CHAIRPERSON
KAIBAB BAND OF PAIUTE INDIANS

TRIBAL COUNCIL SECRETARY
KAIBAB BAND OF PAIUTE INDIANS
This heritage workshop is open to tribal members, spouses, and other Southern Paiutes living on the Kaibab Paiute Reservation.

SAVE THE DATE

Please join us for our first Adult/Teen (13+) Heritage Hands-on Workshop of 2021!

Everything in MINI
the first heritage workshop in a series of 4

Mini Rabbit Blanket 6-hour Workshop

Saturday, March 27, 2021
9:00AM-4:00PM
Cultural Office Building

Next door to the Monument. Location may change depending on weather.
Lunch will be provided

There are **10** spots available on a **first come first served** sign-up basis.

Contact LeAnn at the Cultural Preservation Office **643-7365** to sign-up and reserve your spot. Please indicate if you are an individual participant or a parent/teen participant-duo.

Participants will experience the entire hands-on rabbit blanket making process and will leave with the knowledge of how to make and complete a full-size rabbit blanket on their own.

Dress in layers this will be an outdoor activity.
Masks are required when unable to observe social distancing.
- PPE will be available -

*Supplies are limited if you have your own rabbit pelts please bring them.*
Kaibab Band of Paiute Indians
Wildlife, Fisheries & Parks Department

Tribal Hunting – REMINDER, THE WILDLIFE NEEDS YOUR WHITE PAPERS IF YOU MADE A KILL ASAP, SO THAT WE CAN GET A COUNT OF HOW MANY DEER WERE TAKEN. This Department would like to thank all Tribal members’ hunters for cooperating with the Department and the COVID-19 team, by following, the hunting guidelines.

ATTENTION TRIBAL MEMBERS and spouse – the Wildlife committee is looking for outdoors type person, male or female. To become a hunting guide, you need to be 18 years old, Tribal Member or legal spouse in good standing, you just need to know about hunting and be able to get up before the sun comes up and go to sleep after the sun goes down for five days, AND GET PAID FOR IT. Contact a wildlife committee member or the Director, for more information.

Free Non-lead Ammo Coupon – is now available at the wildlife office one per hunter, same as last year. Coupons good until April 2021.

Remote Cameras – If anyone knows anything about someone damaging and stealing the Photo-cards to the programs cameras please contact the Director, we just want the cards back.

Watch out for DEER on the road - slow down between the store and Moccasin, if one crosses in front of you, there are more behind it, and sometimes they will run into the side of the Vehicle. All Car/Deer accidents need to be reported to Mohave County Sheriff, BIA Police or this Department, this is in the Wildlife Ordinance and in Arizona state law.

Fishing – All Tribal Members need a permit at no cost, so come in and get one for the 2020 season, all others cost is $10 dollars for the first day, and remember to pick up your trash. Children need to be with someone 18 years or older while fishing and only tribal member can swim in the pond. And social distancing needs to be practiced.

Fire Wood – Tribal Members you don’t need a permit to get fire wood, unless you are selling it off the Reservation. But, to get wood for personal use or for a Tribal Member, you don’t need a permit. You can get wood anywhere on the reservation, as long as it is not green, greenwood will burn slow and will plug up your chimney faster.

Back Dirt Roads – If for some reason you take the back roads, beware of the sand, and mud, remember to tell someone where you are going and about what time you will return, take a lot of water, some snacks, matches, shovel, tow chain, and a jack (Handyman), Cell phone may or may not work, Text messaging may work better, and pick up all litter, KEEP MAIN GATES CLOSED!!!, if the road gets sandy or muddy turn back you don’t want to get stuck. If you know of someone that has gone out and not returned call this Department at any time, (office or Home) contact any Wildlife Committee member, or BIA-Police. This will only be to get them home, but if asked to be pulled you out, you may be charged a fee.

Any questions or concerns contact Danny Bullets, Jr. at 643-8305 or Email me at dbullettsjr@kaibabpaiute-nsn.gov. Text or call (435) 689-1624.
NEWS FROM THE HOUSING DEPARTMENT

The Housing Committee has one (1) vacant seat for a four (4) year term. You can pick an application up at the tribal office. We are also attaching an application to the newsletter. Deadline is March 16, 2021 at 12:00 pm.

We want to remind everyone that ALL garbage must be bagged, even your boxes (pizza, soda, diapers, etc.) Trash pick is happening twice a week now. Remember only household garbage should be going into the dumpsters. Any big items can be taken to the big dumpster behind the learning center.

All work orders must be called in to 643-8308 or 643-8315 or emailed to vrogers@kaibabpaiute-nsn.gov or kking@kaibabpaiute-nsn.gov. If they are not called or emailed in, it will not be worked on. You can call 643-8308 on weekends. Your cooperation is appreciated.

With the cold weather, please make sure that your hoses are not connected to the outside faucet. This can cause your waterline to break.

Meter readings for water and propane are done once a month. If you notice that you are using more water or propane, please let us know. We do have the readings on your bill each month too.

The DPW Policy is being revised and is in a thirty (30) day review. Any comments should be sent to housing@kaibabpaiute-nsn.gov. This will also be attached. It is on the tribai website and a copy can be picked up at the tribal office.

Lastly, we are attaching some information on budgeting. We will try to do this every month.
COMMITTEE APPLICATION
KAIBAB BAND OF PAIUTE INDIANS

HOUSING COMMITTEE

DATE: ______________________

NAME: _____________________________________________

MAILING ADDRESS: _____________________________________________

WHY DO YOU WANT TO BE A MEMBER OF THE COMMITTEE:

_________________________________________________________________
_________________________________________________________________
_________________________________________________________________
_________________________________________________________________

__________________________________________________________
Signature of Applicant Date

Would you be willing to serve as chairperson of the committee? Yes____ No___

______________________________
Official Use Only

COMMENTS:

_________________________________________________________________
_________________________________________________________________

Approval Date: ______________________ Denial Date: ______________________

__________________________  ____________________________
CHAIRPERSON TRIBAL COUNCIL SECRETARY
KAIBAB BAND OF PAIUTE INDIANS KAIBAB BAND OF PAIUTE INDIANS
Your ashes from the woodstove can be disposed of by digging a hole and buried in your yard. **WE ASK THAT YOU NOT DISPOSE OF YOUR ASHES RIGHT NEXT TO YOUR HOUSE.** This is a fire hazard. Especially when they are just thrown out and not covered up. Use common sense and **do not use** a plastic bucket to put your hot ashes in.

Your cooperation is appreciated. Thank you from the Tribal Housing Department.

The DPW Policy is being revised. We are putting the policy out for community review for thirty (30) days, starting February 19, 2021 until March 22, 2021. All Revised changes have been highlighted. A copy may be picked up at tribal office, front desk. It is also on the tribal website. Please submit your comments to: 

**housing@kaibabpaiute-nsn.gov**
KAIBAB BAND OF PAIUTE INDIANS
DEPARTMENT OF PUBLIC WORKS
UTILITIES COLLECTION POLICY

Utilities Collection Policy of the Kaibab Band of Paiute Indians Department of Public Works, including procedures for termination of tribally owned utility. The Department of Public Works will be operated by the Kaibab Paiute Tribal Housing Department.

INTRODUCTION
It is the policy of the Kaibab Paiute Tribal Department of Public Works to supply all homes, programs, businesses and buildings with safe, clean, potable water as per the “Safe Drinking Water Act of 1974 and the Reauthorization of 1987”.

A service charge has been established by the Kaibab Paiute Tribal Council to provide safe drinking water. The service charge must pay for:

- Well Maintenance
- Water Treatment and Testing
- Delivery of water to your meter
- Equipment
- Repairs to pipes, tanks and valves
- Water Systems Operators and Training
- Clerical Functions

Other utility services supplied by the DPW are designed for the cumulative betterment of all people living and working on the Kaibab Paiute Indian Reservation.

Maintenance of sewer collection lines, sewer lagoons, for the disposal of household sewage;

Supply all households, programs and businesses with propane gas for heating, cooking and maintain propane tanks, lines and regulators in good working condition;

Pick-up solid waste (household refuse) once a week;

Maintenance of street lighting throughout the villages for the safety and reduction of crime.

**Meter readings will be read 21st-26th of each month.**

1. **PAYMENTS**
   1-A Utility payments are due and payable by the 15th of the current month.
   1-B Payments are to be made as follows:
   Monthly Utility payment(s) are to be made by cash, check or money order and made out to the Kaibab Paiute Tribal Department of Public Works or DPW and delivered to the Kaibab Paiute Tribal Housing Department office at:
   
   #1 North Pipe Spring Rd
or mailed to:

HC 65 Box 2, Pipe Spring, AZ 86022

1-C Payment(s) can be made by payroll deduction through the Tribal Fiscal Department.
1-D Payment(s) can be made with Credit / Debit Card. There is a convenience fee of $4.00 per transaction to help offset the cost.

2. TERMINATION OF UTILITY SERVICE

In the event that the tribal utility user fails to pay in full by the 20th of the current month, services will be terminated on the 10th day of the following month.

A letter of termination of services will be sent out.

3. LEGAL PROCEEDINGS

3-A Court Proceedings. After the expiration of the 10th day termination notice deadline, if the tribal utility user fails to file a grievance or settles the delinquent account, the Tribal Housing Department will file a civil complaint in Tribal Court seeking the full payment of the delinquent amount. The complaint shall contain a copy of the billing, letters and other notices sent to the tribal utility user regarding non-payment.

3-B Final Opportunity for Settlement with Stipulations. After the filing of the complaint and summons are served, the defendant can still arrange for settlement and/or arrangement. The plaintiff (Tribal Housing Department) will inform the court that settlement has been reached if an agreement has been made to resolve the outstanding amount. The Tribal Housing Department will include the cost of legal expenses and court costs incurred in the amount owed. The settlement shall contain language that in the event the defendants breach the agreement, the case shall be automatically reopened and heard in Court.

4. DISCONNECT/RECONNECT FEES

Termination carries a $25.00 disconnect/reconnect fee.

5. DEPOSITS

5-A All new accounts must deposit with the Department of Public Works (DPW) $50.00 for water connection and $100.00 for propane service before new service can be connected.
5-B All customers from the community of Moccasin will pay a $25.00 fee per can.

5-C Deposits are refundable if account is current.

6. RATES

6-A Utility Service rates are established by the Tribal Council, but are subject to change. Written notice will be given to the customers at least thirty days prior to the change.

6-B A special rate will be set for the elderly (62 & up) and disabled. These rates will only apply if the individuals are residing in the home, which is in their name, with no other wage earner living in the home.

6-C Customers on Inactive status will be charged a minimum fee of $12.00, and any propane usage will be added as well as water usage over 2,000 gallons.

6-D All businesses will have a commercial rate set.

6-E All individuals from the community of Moccasin will have a set rate for garbage pickup.

6-F All tribal departments will have a set rate established by Tribal Council.

6-G A late fee of 5% of the total bill will be assessed each month.

7. RETURNED CHECKS

All checks either personal or business, which are returned to DPW for any reason will have $25.00 service charge.

These policies and procedures were adopted by the Kaibab Band of Paiute Indians by Resolution #K-58-04 on December 16, 2004. Amended and approved November 19, 2015.
**DPW Rates as of 1/1/2019**

<table>
<thead>
<tr>
<th>Service</th>
<th>Rate</th>
</tr>
</thead>
<tbody>
<tr>
<td>Water - Regular</td>
<td>$22.00</td>
</tr>
<tr>
<td>Water - Elder</td>
<td>$12.00</td>
</tr>
<tr>
<td>For the first 5000 gal. &amp; $1.00 per 1000 gal thereafter</td>
<td></td>
</tr>
<tr>
<td>Garbage - Regular</td>
<td>$18.00</td>
</tr>
<tr>
<td>Garbage - Elder</td>
<td>$9.50</td>
</tr>
<tr>
<td>Sewer - Regular</td>
<td>$18.00</td>
</tr>
<tr>
<td>Sewer - Elder</td>
<td>$11.00</td>
</tr>
<tr>
<td>Street lights/Misc Electricity - Regular</td>
<td>$12.00</td>
</tr>
<tr>
<td>Street lights/Misc Electricity - Elder</td>
<td>$7.50</td>
</tr>
<tr>
<td>Reconnection Fee</td>
<td>$30.00</td>
</tr>
<tr>
<td>Inactive Fee</td>
<td>$12.00</td>
</tr>
<tr>
<td>for the first 2000 gal. &amp; $1.00 per 1000 gal afterwards</td>
<td></td>
</tr>
<tr>
<td>Propane 14% over Cost</td>
<td></td>
</tr>
<tr>
<td>Dumpster per week</td>
<td>$20.00</td>
</tr>
</tbody>
</table>

**Total Monthly Base Rate**
- Regular: $70.00 plus Propane
- Elders: $40.00 plus Propane (age 62 & older)

**Late fee – 5% of total bill**

**Credit/Debit Cards for payment $4.00 Fee**

<table>
<thead>
<tr>
<th>Moccasin</th>
<th>Garbage</th>
<th>Cans</th>
<th>Dumpster</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>$18.00</td>
<td></td>
<td>$36.00</td>
</tr>
</tbody>
</table>

**All KPT Department Monthly Rates**

<table>
<thead>
<tr>
<th>Garbage</th>
<th>Water</th>
<th>Sewer</th>
<th>Electric</th>
<th>Totals</th>
</tr>
</thead>
<tbody>
<tr>
<td>$18.00</td>
<td>$22.00</td>
<td>$18.00</td>
<td>$12.00</td>
<td>$70.00</td>
</tr>
</tbody>
</table>

**Water Overage Fee**

$1 per 1000

**All DPW Commercial Customers Monthly Rates**

<table>
<thead>
<tr>
<th>Garbage</th>
<th>Water</th>
<th>Sewer</th>
<th>Electric</th>
<th>Totals</th>
</tr>
</thead>
<tbody>
<tr>
<td>$50.00</td>
<td>$22.00</td>
<td>$30.00</td>
<td>$15.00</td>
<td>$117.00</td>
</tr>
</tbody>
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**Extra Garbage Pick-up**

$50.00

**Water Overage Fee**

$1 per 1000
Date: ____________________

Dear Kaibab DPW,

I, _______________ (Name), am requesting that my DPW Services be taken off ACTIVE for _______ Months and be put on INACTIVE, for the following reasons:

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

I understand that I am responsible to keep my account current and that I will notify Kaibab DPW department upon my return to switch back to ACTIVIE status. I am aware that there is a $10.00 fee each month and that if there is any propane usage that I am responsible to pay for it, as well as any water usage over 2,000 gallons a month.

House Number: ___________ Print Name: _____________________________

Phone Number: ___________ Signature: _______________________________

Emergency Number: ___________ Name: _______________________________
GETTING STARTED

Income and benefits tracker

Get a total picture of your income and benefits to help you plan when to pay your expenses.

Your income and benefits provide you with the financial resources to pay for your living expenses. It's important to get a clear picture of how much you have coming in every month, so you can better budget to pay your bills and possibly save toward your goals.

Remember that income isn't the same as benefits. While income (like from a job) can be used to pay for anything, some benefits can only be used for a particular purpose, like food or medical costs.

Also, income may not always come on a regular basis. Knowing what income is regular, irregular, seasonal, and one-time-only can help you be prepared for when you have less coming in.

What to do

- Gather all of your pay stubs, benefits statements, and records of electronic payments.
- Enter the amount of income or benefits you receive next to the correct category in the appropriate week of the month.

A step further

Look at your total monthly income. If it's less than what you think you need, use the "Increasing income and benefits" tool for tips on how to make more.

If you haven't already, consider completing the "Spending tracker" (in Module 4). This will help you build a cash flow budget, which is covered in Module 5: Getting through the Month.
Plan the best times to save and spend with this **Income and benefits tracker**

1. Fill in the net income amount you receive each week for any category that applies to you. Note any income that comes at predictable times and in the same amount to help show you what income you can count on each month.

2. Add up the amounts you receive each week and write that in as the weekly total.

3. Add up the weekly totals to figure out your income for the month.

4. Make copies of the tracker to follow your income from month to month.

**Term to know: net income**

Net income is what you actually bring home in your paycheck. It's your total pay (gross income) minus taxes, insurance, and other deductions that are taken out.

### Income for month of

<table>
<thead>
<tr>
<th>WEEK 1</th>
<th>WEEK 2</th>
<th>WEEK 3</th>
<th>WEEK 4</th>
<th>WEEK 5</th>
</tr>
</thead>
<tbody>
<tr>
<td><img src="image" alt="Job 1" /> Job 1</td>
<td><img src="image" alt="Job 2" /> Job 2</td>
<td><img src="image" alt="Child support" /> Child support</td>
<td><img src="image" alt="Disability benefits" /> Disability benefits</td>
<td><img src="image" alt="SNAP" /> SNAP</td>
</tr>
<tr>
<td><img src="image" alt="TANF" /> TANF</td>
<td><img src="image" alt="Other government programs" /> Other government programs</td>
<td><img src="image" alt="Other" /> Other:</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Total weekly income**: $0.00 $0.00 $0.00 $0.00 $0.00

**Total income for this month**: $0.00
Spending tracker

Before deciding on changes to your spending, it’s a good idea to understand how you use your money now.

Keeping track of what you earn and everything you spend money on for a month, rather than just a week or two, lets you see all of your income and expenses in one place. Many people who track their spending for a month discover that they’re spending money in small ways that add up and sometimes don’t match their priorities. Once they track their spending, many people can find money to save for emergencies, unexpected expenses, and goals. Others are able to balance their budgets.

What to do

- **Get a small container or envelope.** Every time you spend money, get a receipt and put it into the case or envelope. If the receipt doesn’t list what you purchased, take a few seconds and write it on the receipt. If you don’t get a receipt, write down the amount and what you purchased on a piece of paper and add it to the stack. If you use a mobile device to keep track of your spending, make sure you read the “Protecting your information on digital money apps” tips in Module 4.

- **Analyze your spending.** Go through your receipts and enter the total you spent in each category for each week. Add the weekly amounts per category. Write these down in the “Category totals” column. Once you have these totals, add them together to get your total spending for the month. If tracking your spending for a whole month seems too difficult, try it for just one or two weeks.

- **Notice trends.** Circle items that are the same every month (like rent, car, or cell phone payments). These are often your needs and obligations. This will make creating your budget easier. Identify any areas you can eliminate or cut back on—these will generally be wants.

A step further

Once you’ve tracked your spending, be sure to add it into your budget or cash flow budget. Learn more about cash flow budgets in Module 5: Getting through the Month.
<table>
<thead>
<tr>
<th>Category</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cell phone</td>
<td>Any costs related to having and using your cell phone</td>
</tr>
<tr>
<td>Debt payment</td>
<td>Credit card payments, payday loan payments, pawn loan payments, auto title loan payments, other loan payments</td>
</tr>
<tr>
<td>Eating out</td>
<td>Any meals or beverages purchased outside of the home</td>
</tr>
<tr>
<td>Education + childcare</td>
<td>Childcare costs, school supplies, school materials fees, field trips, other activity fees</td>
</tr>
<tr>
<td>Entertainment + personal care</td>
<td>Movies or concerts, sports equipment/fees, sporting events, lottery tickets, alcohol, books/CDs, subscriptions, streaming services, haircuts, hygiene items, dry cleaning</td>
</tr>
<tr>
<td>Groceries + other supplies</td>
<td>Food and beverages brought into the home, household supplies (diapers, paper towels, etc.)</td>
</tr>
<tr>
<td>Health expenses</td>
<td>Co-payments, medication, eye care, dental care, health insurance premiums</td>
</tr>
<tr>
<td>Helping others</td>
<td>Donations to religious organizations or other charities, gifts</td>
</tr>
<tr>
<td>Housing + utilities</td>
<td>Rent, mortgage, insurance, property taxes, electricity, gas, water and sewage, landline, television, Internet service</td>
</tr>
<tr>
<td>Pets</td>
<td>Food, vet bills, and other costs associated with caring for your pets</td>
</tr>
<tr>
<td>Transport</td>
<td>Gas, car payment, insurance, repairs, transit fares, ride services, cabs</td>
</tr>
<tr>
<td>Other</td>
<td>- Court-ordered expenses (child support, restitution)</td>
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<tr>
<td></td>
<td>- Household items (things for your home like cleaning supplies, kitchen appliances, furniture, other equipment)</td>
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<tr>
<td></td>
<td>- Savings (saving for emergencies, goals, back-to-school expenses, holiday purchases, children's education, retirement)</td>
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<tr>
<td></td>
<td>- Tools or other job-related expenses (equipment, special clothing, job-related books, machinery, working animals or livestock, union dues)</td>
</tr>
</tbody>
</table>
A **Spending tracker** can help you analyze and change your spending habits

1. Get an envelope to collect your receipts.
2. Use the table to track your spending in the categories below. Don’t forget about bills you share with others.
3. At the end of the month, add up each category.

<table>
<thead>
<tr>
<th>Category</th>
<th>WEEK 1</th>
<th>WEEK 2</th>
<th>WEEK 3</th>
<th>WEEK 4</th>
<th>WEEK 5</th>
<th>CATEGORY TOTALS</th>
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<tbody>
<tr>
<td>Cell phone</td>
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<td>Debt payment</td>
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<td>Eating out</td>
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<td>Education + childcare</td>
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<tr>
<td>Entertainment + personal care</td>
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<td>Groceries + other supplies</td>
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<tr>
<td>Health expenses</td>
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<td>Helping others</td>
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<tr>
<td>Housing + utilities</td>
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<td>$ 0.00</td>
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<tr>
<td>Pets</td>
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<td>$ 0.00</td>
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<tr>
<td>Transport</td>
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<td>Other</td>
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<td>$ 0.00</td>
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**Total spending this month:** $ 0.00
GETTING STARTED

Bill calendar

You may be able to avoid late fees and other consequences of missed or late payments if you set up a bill calendar so you can see when payments are due.

Most people have recurring bills and expenses like rent, utilities, car payments, and insurance. Most of these bills have a fixed due date. If you are late, even by a few days, you will likely pay an extra fee. You may also risk a negative entry in your credit record.

Figuring out which bills to expect helps you plan to have enough money on hand. Some people find that thinking ahead helps reduce the stress when bills arrive.

What to do

- Gather all the bills you pay in one month or use the information from your spending tracker. Remember to include any bills that are paid automatically.

- Write the date when you must send the payment or when the money must be taken out of your account, in advance of the due date. If you’re paying by mail, mark the due date at least seven days before it is due. For in-person or online bill payment, mark two or three days before the due date to ensure you are not late.

- Write down the name of the company or person you owe the money to and the amount that’s due on the date the bill must be sent to arrive on time.

- Put this calendar where you will see it every day.

A step further

Once you have finished adding your bills, add your sources of income as well. Write in the dates and amounts you get paid or when you receive other income. Use the “Bill calendar” to compare your weekly bill totals to your weekly income totals. If you have more bills than income in a given week, consider asking to change the due dates of some of your bills. See the cash flow tools in Module 5: Getting through the Month for more information on balancing your income with your bills and expenses.
Creating a **Bill calendar** helps you see how income and bills line up each month

1. Select which month you’re planning for and label the calendar for that month.
2. Make a list of all your bills.
3. For each bill, **mark the payment date**: 7 days before the due date for mail, 3 days before the due date for online.
4. Enter the dates you’ll receive income and the amounts you expect.

### Bills:

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**Month of: ____________________________**

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<th>Sunday</th>
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PEST Control
March 8, 2021
Starting at 8:am

All rental units, inside and outside will be sprayed.
All MH/homeowners contact our office if interested, 643-8308 or 8315, the cost is $48.00

The next pest control will be May, 2021
We are seeking information on who has tagged our tribal buildings. Report to Tribal Administrator, Timothy Nelson at 928.643.8302 or tnelson@kaibabpaiute-nsn.gov
What are the two types of water pollution sources?

Point Sources!

Point sources are pipes that discharge pollutants from wastewater treatment plants and from industries.

Point source pollution is easier to manage than nonpoint pollution because the sources are easy to find and control.

Nonpoint Sources!

Nonpoint sources are all other discharges besides those coming from a pipe, coming mainly from rainfall.

Nonpoint sources are "slippery" because they are caused by people's everyday activities.

Here are some examples of NONPOINT SOURCES of pollution...

Sediment in a stream from a construction site

Oil and grease runoff from a parking lot going directly to storm drain and eventually to a stream and lake

Agricultural runoff carrying high loads of sediment and fertilizers

Runoff from a forest road without sediment controls

Failing septic tank with polluted runoff going to nearby lake

Be the solution to Pointless Personal Pollution!!

Pointless Personal Pollution

Do Something Today...To Stop It!!
Feeling scared, sad, depressed, anxious and alone is normal at this time. Some may cope with these strong feelings and stress by increasing their use of commercial tobacco, alcohol, and/or other substances. Teens, in particular, may be at risk for substance use to deal with isolation from friends, boredom, and stress.

**Alcohol and/or substance use can make COVID-19 illness more serious**

Alcohol and other substance use can:
- weaken the heart, lungs and other important organs
- weaken the body's ability to fight diseases
- negatively affect sleep
- increase increase anxiety, depression, or other mental health issues.

All of this wears a body down, making it easier to get sick.

Inhalants weaken the lungs. This is true whether someone is smoking, vaping, using e-cigarettes, or any other way inhalants enter the body, including second-hand smoke.

**If you are in recovery or struggling with substance use:**

Know that this is a stressful time, and it is ok to feel anxious, concerned or worried about staying sober.

**Reach out to your healthcare provider and any sponsors or loved ones.**

Connect with virtual treatment and recovery programs.

Write a list of your contacts. Share that list with someone you trust.

Take medicine as prescribed and continue therapy, treatment, or support appointments when possible.

**Do things that boost mental health and wellness.** For some ideas, see "Staying Safe and Mentally Well During COVID-19."

**Get immediate help in a crisis.**
- Call 911
- Disaster Distress Helpline: 1-800-985-5990, or text "TalkWithUs" to 66746
- National Suicide Prevention Lifeline: 1-800-273-TALK (8255)
- National Drug and Alcohol Treatment Referral Routing Service: 1-800-662-HELP (4357)

To help someone in recovery or who struggles with alcohol or substance use:

**Check in** to see how they are and remind them that they are loved and supported.

**Find ways to help them deal with their stress.** Encourage them to use alternative ways to deal with stress and strong feelings during this difficult time.

Connect with them by phone, video, or brief meetings while wearing masks and keeping social distance.

Help connect them to virtual treatments, recovery programs, and support groups.

If soap and water are available for handwashing, consider removing or limiting hand sanitizer in the home.

Be aware of difficulty with recovery during this time.
- Social isolation, added stress and emotions, and changes in routine can trigger use.
- Health care services may be limited, including treatment, testing, peer-support groups, syringe service programs, and access to naloxone.

For more information: drugabuse.gov/drug-topics/comorbidity/covid-19-resources
Human Services now available on Zoom.us

**Talking Circle:**
Tuesdays at 5:00 PM  
Meeting ID: 84373559337  
Password: odat

**Kaibab AA:**
Thursdays at Noon  
Meeting ID: 87021054634  
Password: odat

**Contact:**

**Jennie Kalauli:** Phone Number: (435)-689-1799 and Facebook Messenger

**Allen Orton:** Phone Number: (435)-899-1782 and Facebook Messenger

**Penny Keller:** Phone Number: (435)-689-0381 and Facebook Messenger

Jennie, Allen and Penny are available for individual and group sessions.

All times are Arizona time.
Fatherhood Is Sacred®, Motherhood Is Sacred®,
Facilitator Certification Virtual Training

March 24, 2021 | March 25, 2020 | March 26, 2020
From 8:00am to 5:00pm (PST)

We invite you to be a part of our global initiative in strengthening families through responsible fatherhood and motherhood. We offer a three-day intensive training for individuals wanting to be certified as a facilitator in the Fatherhood is Sacred®, Motherhood is Sacred® curriculum. Fathers, in partnership with mothers, are expected to lead, provide for, and protect their families. For this to happen, parents must be diligent in bringing order to their lives and to their families. When order is in the family, an environment is created where children are inspired and motivated to learn so they can become caring, self-sufficient, and productive individuals. Join us so that you can learn the skills of helping individuals become the best version of themselves.

Learn the importance of strengthening families.

Who should attend: Social services, law enforcement, TANF, early childhood, courts/probation, behavioral health, domestic violence, substance abuse, community leaders and any service provider who assists or work with fathers, mothers, and families.

Facilitated By: Mike Duncan, Certified Facilitator Trainer

Register online at: NativeAmericanFathers.org

For more training information contact NAFFA:
(480) 833-5007 | training@aznaffa.org

Click here to Register

Click here to see Agenda
News Release
BLM, Arizona Strip District
Media Contact: Rachel T. Carnahan 435-688-3303 or rcarnahan@blm.gov

Bureau of Land Management to conduct prescribed fire south of Fredonia, AZ

ST. GEORGE, Utah — Fire managers for the Bureau of Land Management (BLM) Arizona Strip District are planning to use prescribed fire to burn cut vegetation and slash debris in an area located 30 miles south of Fredonia, Arizona in the Kanab Creek drainage. Prescribed burning will begin early March 2021 and last through late March 2021, if weather and vegetation conditions allow, in accordance with the prescribed fire burn plan. The thinning, cutting, and burning of vegetation are intended to enhance wildlife habitat as well as protect cultural and natural resources.

Prescribed fires must meet strict weather-related and environmental factors prior to ignition. BLM Arizona Strip fire personnel will monitor on-site weather and fuel conditions and manage prescribed fire activity, before, during, and after ignition operations. Smoke may be present during the length of the project in this remote area. Smoke emissions will be managed in accordance with the Arizona Department of Environmental Quality regulations.

There are no closures anticipated, but public access may be restricted during ignition and periods of active fire spread to ensure public safety. Signs will be posted to notify the public. Please use caution when traveling in the prescribed fire area. For more information about the project contact Corey Wood at c8wood@blm.gov or 435-680-3651.

-BLM-

The BLM manages more than 245 million acres of public land located primarily in 12 Western states, including Alaska. The BLM also administers 700 million acres of sub-surface mineral estate throughout the nation. The agency's mission is to sustain the health, diversity, and productivity of America's public lands for the use and enjoyment of present and future generations. Diverse activities authorized on these lands generated $111 billion in economic output across the country in fiscal year 2019—more than any other agency in the Department of the Interior. These activities supported more than 498,000 jobs.

http://www.blm.gov/arizona