Womens Wellness 2018

This was one of the best Women Wellness Days, it was very educational and very informative. Thank you to all who took the time to set this up and the speakers who were very knowledgeable in their profession. A very special Thank you to Penny Keller, Jennie Kalaualai and Cierra Bradley for doing this for US!!
FOREVER RESORTS

This organization is the concessionaire up at the North Rim of the Grand Canyon. They are looking for individuals who would be interested in demonstrating their arts and crafts skills this summer. Lodging would be provided for by Forever Resorts.

If you are interested, please contact:
John King, CHA
North Rim of the Grand Canyon
Phone # 307-690-9544
jking@ForeverResorts.com

or

Rachel King
rking@foreverresorts.com

To Save on paper!!
If you would like to receive the tribal newsletter via email, PLEASE Let me know and we can make it happen!!

Gale Stanfield - gstanfield@kaibabpaiute-nsn.gov
Language Program Director: 25 Hours per Week/Benefits after 90 days; $9.00/hr

The Language Program Director must be a Kaibab Paiute Tribal Member with leadership abilities who has a vision for the Tribal language program. The Language Program Director will be responsible to recruit and supervise language teachers and cultural consultants. Create lesson plans and assist teachers in carrying out those lessons. Make sure students/youth have a ride to class each week. Incumbent must speak the Paiute language or have knowledge of the Paiute language and culture and be willing to learn more. Assist in recording language lessons for Tribal Members’ use. All other duties as assigned.

Red Cliffs Chevron Assistant Manager: Full-Time/Benefits after 90 days; $11.00/DOQ

Assist manager with daily operations of the Red Cliffs Chevron Station/Convenience Store by helping to ensure the overall success of the store. Assist with controls, reporting, and staff to efficiently grow the business to ensure profitability and provide a positive customer experience. Provide training to new cashiers in all aspects of cashier duties and responsibilities. Plan and prepare work schedules and assign duties necessary in day-to-day operations. Perform cashier duties, inventory merchandise, reconcile cash with sales receipts, keep operating records, and prepare daily record of transactions. Order merchandise weekly to keep store properly stocked. Ensure store employees are in compliance with established security, sales, and record keeping procedures and practices. Prepare daily reports, invoices, gasoline data, etc. All other duties as assigned.

RV Park Host & Maintenance Worker: Part-Time Afternoons/20-24 hr wk, On Call/No Benefits; $10.00/hr

This position is 20-24 hours per week or on-call dependent upon RV Park usage. Provide a quality recreational experience for visitors within the Kaibab Paiute RV Park; also, responsible for the maintenance, repairs and evening/weekend operations of the Kaibab Paiute RV Park grounds and equipment. Maintain and assist in cleaning all RV Park restrooms, shower and laundry facilities. Manage operational functions of the RV Park during shift as needed; includes collecting fees, interacting with guests during check-in & check-out, and taking phone reservations. Perform regular general clean-up maintenance of RV Park: operate lawn mowers, leaf blowers, and a variety of other small equipment needed for landscaping. Empty trash on a regular basis and remove weeds. Perform minor repairs to RV Park and Club House as needed. Report danger or damage to RV Park property, equipment, or electrical boxes immediately to Supervisor. Take initiative in getting job duties and tasks completed without direction or direct supervision. Perform and complete all other duties as assigned.

Economic Development Director’s Assistant: Part-Time/No Benefits; $10.00 to $12.00/hr/DOQ

This position will assist the Economic Development Director with daily operations of the department. Under the direction of the Economic Development Director, the Assistant’s duties will include, but is not
limited to, the following: Turn the irrigation systems on and off that water the RV Park’s lawns, trees, and shrubs, and assist with minor repairs of the sprinkling systems attached to the irrigation systems, when needed. Help clean, maintain, and upkeep all Economic Development Buildings: Hatch Valley Grill Restaurant, RV park, and various offices as needed. Daily/Weekly duties may include: Mow and edge lawns, properly care for trees and other plants; Clean restrooms at RV Park and Restaurant; Keep tables under the RV Park pavilion clean and empty trash cans; Clean sidewalks and parking lots, i.e. sweep and/or spray, remove trash, leaves and debris; Spray pesticides and fertilize as needed throughout RV Park; Assist Director with reports, office work, taking and returning phone calls, and preparing for the restaurant opening. Work with the Director in running the Restaurant and RV Park; cover shifts when needed. Help procure needed tools and equipment, and assemble them for use. All other duties as assigned. See position announcement for Minimum Qualifications.

**Day Laborer:** Temporary/No Benefits, $7.25 hr
From time to time, the Kaibab Band of Paiute Indians may hire employees for specific periods of time or for the completion of a specific project. The job assignment, work schedule and duration of the position will be determined on an individual basis. Duties and responsibilities will vary from department to department depending on assignment. No person employed under this policy and procedure may work for more than two calendar weeks at the same position for the same program. Any employment activity taking longer than two weeks to complete must follow normal temporary hire procedures.

**CHR Registered Nurse:** 24 hrs wk/Benefits after 90 days; $24.00 hr
Must be clinically competent while delivering care to Kaibab Paiute Tribal patients in the community. Utilizing the nursing process of assessment, planning, intervention, implementation, and evaluation, the RN will effectively interact with patients, significant others, and other health team members. Provide services through case management on a consistent basis, including screening and ongoing assessment of patients: screen and assess patient; obtain and record vital signs; maintain immunization program for all tribal members and other federally recognized tribal members. Document and prepare clear, concise reports; maintain accurate patient records on PCC (patient care component); complete documentation in a timely manner; write and submit monthly reports. Promotes the efficient and effective use of a variety of healthcare resources by focusing on the whole patient. Services provided include, but are not limited to: education regarding diabetes and hypertension prevention and management; maternal and child health; women’s and men’s health; substance abuse and communicable disease control. Assure that systems are in place with regards to safe guarding patients medical information in accordance with HIPPA regulations. Work collaboratively with other members of the healthcare team in coordination of the patient’s care. Answer phone calls and other inquiries in a timely manner. Occasionally transport patient to doctors’ appointments. All other duties as assigned.

**Hatch Valley Grill Restaurant Manager:** Full-Time/Benefits after 90 days; Wage DOE
The Manager is responsible for the leadership, management vision, and overall success of the Hatch Valley Grill Restaurant. The Manager is responsible to ensure the facility has the proper controls, reporting, and people in place to effectively and efficiently grow the business to ensure profitability and a positive customer experience. Oversee day-to-day activities of Hatch Valley Grill. Is responsible for all personnel management. Responsible for scheduling of personnel and making sure management is present or available by phone for all shifts. Directs and coordinates all business activities, including pricing, sales, and distribution of products. Ensures the timely and accurate delivery of invoices, check requests, weekly and monthly reports, this includes a monthly oral report to Tribal Council. Have a clear understanding of the store budget and revenue. Reviews financial statements, sales and activity reports and other
performance data to measure productivity and goal achievement. Ensures a clean and safe work environment for employees and customers. Implement improvements and cost containment to assure profitability and success of the business. Responsible for store inventory, point-of-sales accurate recordkeeping, and sound money management practices. Works to develop and maintain productive business relations with vendors, suppliers, and all business partners. Stay Current with industry trends. Ensure store assets are properly maintained. Know and follow all applicable OSHA, federal, and tribal laws and regulations. Must have and maintain a current ServeSafe certification.

**Hatch Valley Grill Assistant Manager**: Full-Time; $12.00 to $14.00 DOQ*
The Assistant Manager is responsible for the leadership, management vision, and overall success of the Hatch Valley Grill Restaurant when the restaurant manager is not present. Oversees the shift by shift activities of the Hatch Valley Grill. Assists the manager with personnel management including, but not limited to, selection, performance appraisals, professional development, and discipline. Ensures a clean and safe work environment for employees and customers. Ensures all policies and procedures are followed. Know and follow all applicable OSHA, federal, and tribal laws and regulations. Must have and maintain a current ServeSafe certification. All other duties as assigned or required.

**Hatch Valley Grill Restaurant Crew & Crew Lead**: Part-Time (20-30 hrs wk)/No Benefits; $10.00 hr DOQ*
This position requires hands-on cooking as well as great customer service skills and cashier experience. Must have familiarity with cashiering and restaurant operations. The applicant must be able to provide pleasant and courteous service to customers according to tribal goals, policies and procedures. This position requires a high degree of initiative and attention to detail, excellent communication skills and the ability to project the desired tribal image of courteous, friendly service to customers. The applicant must be able to maintain a variety of records and reports. Must be able to handle cash transactions, be responsible for general cleanup, restocking of inventory and performing all related duties as necessary. Be able to work all shifts including evening, weekend and holidays and must be able to closely follow written and oral instructions.

*DOQ = Depends on Qualifications
**For full job description and qualifications see Human Resources or website.**

**Please follow the guidelines listed below when filling out your application:**

<p>| | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td>Complete the Application for Employment in its entirety, providing detailed and accurate information; include area codes with phone numbers, city, state zip codes with addresses, particularly on the Employment History section. Incomplete applications will not be considered.</td>
</tr>
<tr>
<td>2.</td>
<td>Indian Preference will be given if an attached copy of your tribal document or ID card demonstrating proof of eligibility.</td>
</tr>
<tr>
<td>3.</td>
<td>Return the completed application and the following: education requirement verifications, copy of driver's license and 36 month driving record, and two completed fingerprint cards (available at the Human Resource Office) to the Tribal Affairs Building located at 1 North Pipe Spring Road and HWY 389. Applications and verifications will be accepted by mail: HC 65 Box 2, Fredonia, AZ 86022.</td>
</tr>
<tr>
<td>4.</td>
<td>Any offer of employment will be contingent upon the satisfactory completion of a drug test and background check.</td>
</tr>
</tbody>
</table>

It is important your application show all relevant education & experience you possess, including transcripts, diplomas, training certificates, 36 month driving record, etc. **Applications will not be considered if incomplete.** HR will accept resumes, however, the applicant understands that it is not in lieu of the application; “see resume attached” on the application will not be accepted.

Pre-employment background screening will be conducted. All Positions require a high school diploma or GED except for Day Laborer, Language Director, and C-Store Clerk. Full-time positions will receive full benefits that include Medical, Dental, Vision, HRA, Gap Insurance, plus Annual and Sick Leave, 13 paid Holidays and Birthday Leave.

**CONFIDENTIALITY:**
Each employee is required to sign a confidentiality agreement. Violation of this agreement can result in immediate dismissal.
ENVIRONMENTAL DEPARTMENT NOTICE:

The Environmental Department of the Kaibab Band of Paiute Indians has prepared a Noxious Weed Program Integrated Management Plan which is available to Tribal Members and interested public for review and comment. A copy of the plan can be downloaded from the Tribe’s website www.kaibabpaiute-nsn.gov. The plan is also available in printed form at the Tribal Headquarters Environmental Department. Please contact Daniel Bulletts, Special Projects Director, at 928-643-7245 to make arrangements to view a copy.

All comments on the Noxious Weed Program Integrated Management Plan should be submitted in writing to Daniel Bulletts. Comments can be emailed to dbulletts@kaibabpaiute-nsn.gov or dropped off at the Tribal Headquarters office to the attention of Mr. Bulletts.

Public comment period will close on April 30, 2018.

TRANSPORTATION DEPARTMENT NOTICES:

Input Requested

The Western Arizona Council of Governments (WACOG) Transportation Department is requesting participation in a transit survey. The survey is to learn more about the transportation needs of residents and gaps in current services. You can complete the survey at:

https://www.surveymonkey.com/r/WACOGeng

The survey form is also available at the Tribal Headquarters front desk or on the Tribe’s website at www.kaibabpaiute-nsn.gov.

The completed forms will be picked up and submitted to WACOG. The survey will be ongoing until August 2018. You will see flyers posted at the office also, so feel free to tell others and encourage participation.

Road Work

We are working on scheduling to re-stripe the centerlines and speed humps in all four Villages this spring. Another announcement will be made when the work dates are set.
Your input matters!

Transportation throughout Mohave and La Paz Counties continue to be a main obstacle. The Western Arizona Council of Governments (WACOG) Transportation Department is conducting a survey to learn more about the transportation needs of residents and gaps in current services.

We want to hear your voice in the matter. Please take a few minutes to complete the survey by following the link at: https://www.surveymonkey.com/r/WACOGeng or filling out on paper located at the front desk. We appreciate your time. Thank you!

¡Su Opinión Cuenta!

El transporte en los Condados de Mohave y La Paz sigue siendo un obstáculo principal. El Departamento de transporte de Western Arizona Council of Governments (WACOG) está llevando a cabo una encuesta para saber más sobre las necesidades de transportación de los residentes y los obstáculos en los servicios actuales.

Queremos saber su opinión en este asunto. Por favor, tome unos minutos para completar la encuesta siguiendo el enlace en: https://www.surveymonkey.com/r/WACOGspan ó llenando la encuesta en papel ubicada en la recepción. Le agradecemos su tiempo de antemano. ¡Muchas Gracias!

Contact Information | Información de contacto:
Maegan Burns
Health and Wellness Coordinator | Coordinadora de salud y bienestar
928-377-4961 | maeganb@wacog.com
1. **What is your age group?**
   - □ 75+
   - □ 65-74
   - □ 50-64
   - □ 30-49
   - □ 29 and under

2. **What is the primary language you speak?**
   - □ English
   - □ Spanish
   - □ Tribal language: ______________________
   - □ Other: ______________________

3. **Are you: Check all that apply.**
   - □ A medical needs patient
   - □ Disabled
   - □ A Military Veteran
   - □ A senior with limited transportation options
   - □ None of the above

4. **What town/community in Mohave or La Paz County do you live in?**

   **Mohave County**
   - □ Lake Havasu Area (Lake Havasu, Desert Hills, Havasu Heights)
   - □ Bullhead Area (Bullhead City, Mohave Valley-Fort Mohave, Topock-Golden Shores)
   - □ Kingman Area (Kingman, New Kingman-Bultar, Valle Vista)
   - □ Golden Valley Area (Golden Valley-SoHi, Chloride, Oatman, Yucca)
   - □ Hualapai Tribe Area (Hackberry-Valentine-Truxton, Peach Springs)
   - □ Dolan Springs Area (Dolan Springs, White Hills, Meadview)
   - □ Wikieup Area (Wikieup)

   **La Paz County**
   - □ AZ Strip Area (Colorado City, Beaver Dam-Littlefield-Scenic, Kaibab-Pipe Springs)
   - □ Quartzsite
   - □ Parker
   - □ Parker Strip
   - □ Bluewater
   - □ Salome-Wenden
   - □ Brenda
   - □ Ehrenberg
   - □ Bouse
   - □ Colorado River Reservation-Poston
   - □ Cibola
   - □ Hope
   - □ Other: ______________________

   □ I am a winter visitor and normally stay in ______________________
   □ I am a visitor and do not live in either county

5. **Are you aware of current transit systems options you’re eligible for in your community?**
   - □ No, I don’t know where to find information
   - □ Yes, I know some or all transit systems I am eligible for

6. **What is your means of travel in your community, or to another, within the past year? Check all that apply.**
   - □ I have my own car, use another person’s vehicle or ride with someone
   - □ I use public transportation
   - □ I use private transportation
   - □ I ride my bike
   - □ I walk
   - □ I do not have access to any transportation

7. **What would you be willing to pay each time you travel round-trip?**
   - □ $10.00
   - □ $6.00
   - □ $3.00
   - □ $1.00
   - □ Free
   - □ Monthly rate – less than $20

8. **What days did you use or need transportation within the past year?**
   - □ Monday-Friday
   - □ Saturday-Sunday
   - □ Everyday
   - □ Other: ______________________
9. What times did you use or need transportation within the past year? Check all that apply.
- 12 AM-6 AM
- 7 AM -10 AM
- 11 AM-2 PM
- 3 PM-6 PM
- 7 PM -11 PM
- Other: __________________________

10. Which of the following destinations do you travel to? Check all that apply.
- Shopping stores/malls
  - Walmart
  - JCPenny
  - Ross
  - Dollar General/Dollar Tree
  - Mall/Outlets/Shopping Center
  - Other: __________________________
- Grocery stores
  - Smith’s
  - Safeway
  - Bashas’ Supermarket
  - Walmart
  - Other: __________________________
- Social (family, restaurants, events)
- Religious services
- Medical/dental appointments
  - Kingman Regional Medical Center
  - Western AZ Regional Medical Center
  - Havasu Regional Medical Center
  - La Paz Regional Hospital
  - Eye doctor
  - Dentist
  - Other: __________________________
- School
- Utility services/Pay bill
- Bank
- Wells Fargo Bank
- Mohave State Bank
- Bank of America
- Mission Bank
- National Bank of Arizona
- Chase Bank
- First Convenience Bank
- First Savings Bank
- Other: __________________________
- Pharmacy
  - CVS
  - Walgreens
  - Walmart
  - Uptown Drug
  - Other: __________________________
- Work
  - Laughlin/Bullhead International Airport
  - Kingman Airport/Industrial Park
  - Lake Havasu City Airport
  - Mohave Tri-State Business Park
  - Agave Business Park
  - Arizona Gateway
  - Other: __________________________
  - Other: __________________________

11. Which areas did you travel to for shopping and medical appointments within the past year? Check all that apply.
- Lake Havasu
- Bullhead
- Kingman
- Golden Valley
- Hualapai
- Dolan Springs
- Wikieup
- AZ Strip
- La Paz County
- Phoenix
- Las Vegas
- Flagstaff
- Other: __________________________

12. How many times were you unable to travel to destinations because lack of transportation resulting in loss of services, rescheduled appointments, medical complications, job complications, etc. within the past year?
- 0-2
- 3-6
- 7-10
- 11-15
- 16-20
- 21+

13. What factors determine if you would use a transit system in your community, if eligible? Check all that apply.
- If it worked with my schedule
- If it was free or low cost
- If it came directly to my door for pick-up/drop-off
- If the route dropped me off at, or close to, my destination
- If it was clean and safe
- If it was handicap accessible
- If it had friendly staff
- If it had reliable transit route information
- Other: __________________________
14. You currently use one of the following transportation services:

**Public**
- Bullhead Area Transit (BATS)
- Kingman Area Regional Transit (KART)
- Camel Express – Town of Quartzsite
- Kaibab Band of Paiute Indians
- Hwal’ Bay Transit

**Private/Client Only**
- Senior Companion Program (NAU)
- Mohave County ARC
- Solo of America
- River Valley (Bullhead City) Senior Center
- WestCare AZ 1, Inc
- Hualapai Tribe-Health Education & Wellness Center
- La Paz County Health Department
- Parker Senior Center
- Havasu Mobility
- ACHIEVE
- New Horizons
- Milemarkers Therapy
- NAZCARE AZ

☐ Other: ____________________________  ☐ I don’t use any service

15. If you currently use a local **public** transportation system, which statements are true? Check all that apply.
- I don’t currently use one of these systems
- Transportation shows up on schedule
- Vehicle is clean
- Driver is friendly
- Routes are clear and easy to follow
- Route stops are close to your destinations
- Route stops are close to your residency
- You have to connect to another transit system to get to your destination
- You are able to afford fees (if any) or transportation is free

16. If you currently use a **private/client only** transportation system, which statements are true? Check all that apply.
- I don’t currently use one of these systems
- Transportation picks up on scheduled times
- You need door-to-door transportation service
- Vehicle is clean
- Driver is friendly
- You are taken to and from needed destinations
- You are able to afford fees (if any) or transportation is free

List any additional comments:
Wildlife Fisheries & Parks Department

Hunters Safety Utah/Arizona

Every year we have Tribal Members wanting there kids\Children to come to the Reservation and hunt, the Tribe has a Hunting Ordinance which states:

K) MINOR HUNTING
   1) All minors the age of Twelve (12) year old and eighteen (17) years of age must be accompanied by an adult eighteen years or older and have a valid hunter's safety card from either this Department or the State. The minor must be in sight at all times and never allowed to walk along at any time.

So this Department has put a Tribal Hunters Safety Course on every October, during the Youth Hunt, this Department feels that youth should attend Hunters Safety in the state you live in, so I have contacted both Utah Division of Wildlife Resources (UDWR) and Arizona Game & Fish (AZG&F) and both states have it on internet you have two options 1) sign up for the Traditional Class or 2) On line, when completed you have to go to a field day to finish.

UDWR-- you can find Class locations and dates for both type at: https://wildlife.utah.gov/hunter-education.html

AZG&F – You have to be 9 years old or older, the website is: Arizona Hunter Safety Course / Huntersed.com

Spring Fish Derby – on May 4, 2018 starting at 6am and ending at 11am. Fish stocked in pond April 17, 2018 All kids/Youth that live on the Reservation are invited to attend the Fish Derby, some Fishing Poles will be provide, but you may bring your own, No Arizona Fishing license is needed, it will be free fishing for the day Lunch will be served and prize given out.

Early reminder, Southern Paiute Youth Hunt will be October 19, 20, 21, 2018 this year we will have only two shooters from this tribe and the meat will be set aside for elders and signal parents. We sill also need people that come up for dinner to sign in before so we can plan on the food, and this year all volunteer’s will need to have a background check.

Shooting any kind of weapon around the villages or homes is unlawful and you can be cited into Tribal Court.

Riders of Off Highway Vehicles need to remember to stay on the dirt roads and not go off the road.

Tribal Hunting Guides we are always looking for people to be a guide you need to be:

1) A Tribal Member in good standing.
2) Or if not a member, a legal Spouse of a Tribal Member.
3) 18 years or older, Male or Female.
4) Knowledgeable of Hunting area’s and able to get along with others

For more information contract any Wildlife Committee Member or the Wildlife Director.
## Companion Planting

This chart will help you with which plants grow well together and which to plant far apart.

<table>
<thead>
<tr>
<th>VEGGIE / HERB</th>
<th>PLANT BUDDIES Plant Close By</th>
<th>PLANT BULLIES Plant Far Away / Repels</th>
</tr>
</thead>
<tbody>
<tr>
<td>Beans</td>
<td>Cabbage, Corn, Cucumber, Eggplant, Lavender, Strawberries, Sunflowers</td>
<td>Garlic, Onions, Fennel</td>
</tr>
<tr>
<td>Beets</td>
<td>Beans, Cabbage, Garlic, Lettuce, Onions</td>
<td>None</td>
</tr>
<tr>
<td>Broccoli, Cauliflower</td>
<td>Beets, Celery, Dill, Garlic, Geraniums, Onions, Potatoes, Rosemary, Sage</td>
<td>Beans, Peppers, Tomatoes</td>
</tr>
<tr>
<td>Calendula</td>
<td>Tomatoes (Repels tomato worms)</td>
<td>None - Calendula is a natural pest deterrent so should be planted through your garden</td>
</tr>
<tr>
<td>Carrots</td>
<td>Chives, Leeks, Lettuce, Peas, Rosemary, Sage, Wormwood</td>
<td>Cabbage, Fennel, Strawberries</td>
</tr>
<tr>
<td>Chiles</td>
<td>Cabbage, Corn</td>
<td>Plant on garden borders to repel flying pests</td>
</tr>
<tr>
<td>Corn</td>
<td>Amaranth, Beans, Cucumbers, Legumes, Marigolds, Melons, Parsley, Peas, Pumpkins, Squash, Sunflowers</td>
<td>Cabbage, Celery, Tomatoes</td>
</tr>
<tr>
<td>Eggplant</td>
<td>Calendula, Marigold, Mint, Peas</td>
<td>None</td>
</tr>
<tr>
<td>Fennel</td>
<td>Not a good companion plant. Plant where your dog like to hang out</td>
<td>Beans, Carrots. Repels fleas</td>
</tr>
<tr>
<td>Lettuce</td>
<td>Beans, Carrots, Cucumbers, Radishes, Strawberries</td>
<td>Celery, Parsley</td>
</tr>
<tr>
<td>Melons</td>
<td>Corn, Marigolds, Pumpkin, Radish, Squash</td>
<td>Other melon varieties (to prevent cross-pollination)</td>
</tr>
<tr>
<td>Mustard</td>
<td>Tomatoes, Corn</td>
<td>Repels white flies and spider mites</td>
</tr>
<tr>
<td>Onions, Garlic</td>
<td>Beets, Cabbage, Carrots, Lettuce, Strawberries, Tomatoes</td>
<td>Beans, Leeks, Parsley, Peas</td>
</tr>
<tr>
<td>Peas</td>
<td>Grows well with most veggies and herbs</td>
<td>Onions, Garlic</td>
</tr>
<tr>
<td>Peppers</td>
<td>Basil, Carrots, Eggplant, Geranium, Onion, Tomatoes</td>
<td>Beans, Cabbage, Kale</td>
</tr>
<tr>
<td>Potatoes</td>
<td>Beans, Cabbage, Coriander, Corn, Eggplant, Marigolds</td>
<td>Cucumbers, Melons, Pumpkins, Squash, Sunflowers, Tomatoes</td>
</tr>
<tr>
<td>Rosemary</td>
<td>Beans, Cabbage, Carrots, Sage</td>
<td>Deters flying pests</td>
</tr>
<tr>
<td>Spinach</td>
<td>Broad Beans, Peas, Strawberries</td>
<td>None</td>
</tr>
<tr>
<td>Strawberries</td>
<td>Bean, Lettuce, Onion, Spinach, Thyme</td>
<td>Cabbage</td>
</tr>
<tr>
<td>Thyme</td>
<td>Cabbage</td>
<td>Deters cabbage worm.</td>
</tr>
<tr>
<td>Tomatoes</td>
<td>Basil, Borage, Calendula, Carrots, Celery, Chives, Geranium, Oregano, Parsley, Nasturtium</td>
<td>Cabbage, Fennel, Potatoes</td>
</tr>
<tr>
<td>Wormwood / Absinthe</td>
<td>Plant around garden edges</td>
<td>Keeps many animals out of the garden. Repels white flies</td>
</tr>
<tr>
<td>Yarrow</td>
<td>Plant throughout garden</td>
<td>Repels soil nematodes, aphids, bean beetles</td>
</tr>
</tbody>
</table>
ATTN: Tribal Members, Tribal member spouses & other Southern Paiutes.

Friday, May 4, 2018
9:00AM – 3:00PM
Massacre and Ghost Dance Sites

Meet at the Tribal Office Parking Lot
Please call no later than May 2nd to reserve your seat in tribal vehicle.
You are welcome to follow in your own vehicle if you prefer to do that.

Bring your sack lunch, water, camera, hat, light jacket, backpack, etc.

For more information contact LeAnn at the Cultural Preservation Office 643-7365
Or lshearer@kaibabpaiute-nsn.gov
Continuation of previous Rabbit Blanket Class

Class Instructor: Glendora Homer
Junior Instructor: LeAnn Jake Shearer

Previous Participants:
Please make an effort to be on time the classes are only an hour and a half long. The Eagle Mt. Community building is not wheelchair or handicap accessible as of yet be prepared to climb steep steps.

*Hopefully everyone that wanted to has ordered their extra pelts and is at the point of having their pelts cut and if not completely wrapped then mostly so that we can move onto the final steps of loom construction and weaving.

Tuesday, April 10
Location: Eagle Mountain Community Bldg.
Class will either continue wrapping rabbit blanket or begin loom construction/loom work.

Tuesday, April 17
Location: Eagle Mountain Community Bldg.
Class should be at the point of loom construction or learning how to weaving the rabbit blanket.

All classes are from 5:30PM – 7:00PM (hour and a half)
Snacks will be provided
(Although you are also welcome to bring a snack to share with the group)

IMPORTANT bring your supplies with you to each class and bring your loom Or loom making supplies so we can help you construct your loom if you have not made your loom.

For more information contact LeAnn at the Cultural Preservation Office 643-7365
Or lshearer@kaibabpaiute-nsn.gov
Cultural Preservation
Youth Activities
AGES: 5-12
Funding is courtesy of the California Chairman's Association & Kaibab Paiute Tribal Council

**FUN Make-N-Take Activities:**

Friday, April 6th 2:00PM-4:00PM
Location: Eagle Mountain Community Building
Ever wonder if your ancestors like other tribes made Pottery? They did, come learn about Paiute Pottery.
Easy/Medium

Snacks will be provided

*Rides will NOT be provided. Parents we encourage you to have your student(s) there on time. Class will end promptly at 4:00PM please be on time to pick-up your student(s).*

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**Field Trip!**

Friday, April 13th
Location: Meet at the Tribal Office parking lot at 9:00AM we will return to the tribal office by 3:00PM for parents to pick their students up.
FIELD TRIP to Antelope Springs located near the Southeastern side of the Reservation on BLM Administered Lands to visit some of our traditional homelands. Lunch will be provided please return your student's signed permission slips to the Cultural Preservation Office by Wednesday, April 11th
This will provide a head count for lunches. Parents please let me know if you would like to chaperone.

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For more information contact LeAnn at the Cultural Preservation Office 643-7365
Or Ishearer@kaibabpaiute-nsn.gov
7 Tips for Supporting Someone Who’s Grieving

1) Don’t be Afraid to Visit
   ◦ It’s hard to be around someone who is really hurting and we struggle with what to say, what to do and how best to support them while they are dealing with their grief.
   ◦ This very difficult is what makes visiting someone who is grieving that much more precious. Show them that their suffering moves you but does not scare you.

2) Understand People Grieve Differently
   ◦ Remember that everyone grieves differently & bereaved people need to not full judged for what they feel and how they express difficult feelings.

3) Accept You Can’t “Fix” Their Feelings
   ◦ When supporting someone who’s grieving, it is natural to want to take their pain away.
   ◦ But when it come to grieving, you need to accept that the grieving process is beyond your control and attempting to “fix” things does more harm than good.

4) Acknowledge Their Loss
   ◦ It’s a natural response to avoid bringing up the deceased’s name or memories that might remind bereaved persons of their loss in an attempt to spare them further pain. But it is much better to acknowledge that they have suffered a great loss and to tell them that you are truly sorrow for what they are going through and that you will always be there to lend a shoulder to cry on.

5) Listen Without Judgement
   ◦ Listening with compassion and without judgement is a far greater gift than anything we could do or say when someone is grieving
   ◦ Make sure that you let them know that they can talk to you anytime about how they are feeling but never demand that tell you how they are processing their loss.

6) Lessen the Load
   ◦ Lesson the load by helping with routine day to day activities that will let the bereaved person know how much you care and give them a much needed break.

7) Know When to Seek Professional Help
   ◦ It’s common for a person who’s dealing with grief to feel depressed, angry, confused and withdrawn from others during their grieving process.
   ◦ However, if symptoms are prolonged and do not fade, or if they intensify over time, there might be a more serious problem that requires professional help. Know the warning signs.

If you feel like you need someone to reach out to for further assistance, please contact Allen Orton at 928.643.8322 or 928.643.8336.
# April 2018

**Library Hours**
Mon-Thurs 12-6  
Friday 9-3

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<td>3FMUSD Spring Break</td>
<td><strong>Education Committee Meeting 1:00 pm</strong>&lt;br&gt;FMUSD Board Mtg. 6 p.m.</td>
<td><strong>Women's Craft 5:30-7:30 pm</strong>&lt;br&gt;KCSD Board Mtg. 7 p.m.</td>
<td><strong>Figure it Out Friday</strong> Youth 5-14 10:00-11:30</td>
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<td><strong>CCSD Board Mtg. 6 p.m.</strong></td>
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<td>Book Club&lt;br&gt;Adult Coloring 5:00-6:00 p.m.</td>
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<td><strong>Computer Workshop 1:00-3:00 pm</strong></td>
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<td><strong>Tribal Council</strong></td>
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<td><strong>WILL IT WAFFLE? 11:00-12:30 pm</strong>&lt;br&gt;Minecraft Family 5:30 pm</td>
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<td>Community Movie Night 6:00 pm</td>
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Check out our webpage for current information and flyers  
http://kpteducationlibrary.weebly.com/
April Activities

Adult Book Club
Wednesday, April 18th
5:00-6:00 p.m. @ Library
Book to be determined
Please join us for discussion, food, and prizes! If you are not able to attend, but would like to read the book and participate, please email me for the book report form. abundy@kaibabpaiute-nsn.gov

Adult Coloring Night
Wednesday, April 18th
5-6:00 p.m.
Come relax and unwind with an adult coloring book.
Coloring can reduce stress, anxiety, negative feelings, and much more. It is a therapeutic way to create mindfulness and focus. Materials will be provided.

Women's Craft
April 5th
@ the Community Building
5:30-7:30
Brought to you by Housing and Library.

MOVIE NIGHT AT THE COMMUNITY BUILDING
Presented by Education and CHR
Thursday, April 26th
6:00 p.m.
Vote for your favorite movie online!
CHR will be providing a free nutritious snack. Bring a comfy chair, your pj’s, and your family for a fun community event.

Computer Tools Workshop
April 13th
1:00-3:00 pm
Computer basic skills and tools for Beginners and Intermediate users.
5 spots available call to reserve yours today.

Figure it OUT Friday!
Youth All ages
Friday, April 6th
10:30-12:00
Can you figure it out?
Come test your detective skills!

Please Note:
The library is guaranteed to be open daily Monday through Thursday from 12:00 pm-6:00 pm and on Fridays from 9:00-3:00 unless there are activities that interfere or otherwise specified on the calendar. Please remember that there are education responsibilities that I must also take care of that sometimes take me away from the office. If you are visiting the library just be sure you come between the guaranteed hours or call first to be sure that someone is available. Thank you :)
Minecraft Family Night
April, 20th 5:30-6:30
Community Building
Fun filled theme night playing games
that incorporate learning, laughter,
and excitement! Stay tuned for more
details!

Will it WAFFLE??
Friday April 20th
Community Building Kitchen
11:00-12:30
A fun filled waffle making
experiment for tweens and teens!
(10-18 years old)
Come HUNGRY!

Happy Birthday!

April Birthdays
A very special Happy Birthday to:

Mia Bulletts
Brandonlee Burke
Kayla Hill
Dre Levi
Mason Sanden
Tawvoots Spute
Damien Yracheta

In an ongoing effort to recognize our students, we will begin spotlighting birthdays. If you have a tribal student with a birthday that is not listed please call me to update my information 928-643-6025

Tutoring hours are from
3:30-7:00 pm. (if students
are present)
Fridays by appointment
2018 Grand Canyon Monitoring River Trip

June 5 -15, 2018

If you would like to go and experience the Grand Canyon while working for the Southern Paiute Consortium monitoring cultural sites along the river corridor, Please contact Charley Bulletts, SPC Director if you are interested getting on the list!!

cbulletts@kaibabpaiute-nsn.gov
Office # 928.643.6278
Cell # 435.689.1904

You must be a Kaibab Paiute Tribal Member 15-90 years of age
Join the Museum of Northern Arizona for a special preview celebrating the grand opening of the Museum’s new permanent exhibition: Native Peoples of the Colorado Plateau.

Saturdays, April 14, 2018

10 am – 5 pm  Complimentary museum entrance for all Native Peoples of the Colorado Plateau

10 am – 1 pm  Exclusive gallery access for all Native Peoples of the Colorado Plateau

For More information, please contact Amelia George at ageorge@musnaz.org or 928.774.5211 x.217
Place of travel: Antelope Springs - South Eastern side of Reservation on BLM Administered lands

Date(s): 4/13/18  
Beginning (Time): 9:00 AM  
Ending (Time): 3:00 PM

Child Name(s): ________________________________

I give permission for my child/children (named above) to attend the Cultural Preservation sponsored field trip to Antelope Springs. I further give permission for my child/children to be transported to and from the event by approved adult employees or volunteer driver/chaperons authorized by the Kaibab Band of Paiute Indians. I further understand that reasonable precautions to provide a safe environment for children will be taken. I recognize there are risks to travel and that accidents can happen, I agree to hold harmless and hereby release the Cultural Preservation Department & Kaibab Band of Paiute Indians or their representatives for any liability for any occurrences that may arise due to my child/children’s participation with said sponsored field trip and activity.

Photo Release

I recognize that the Cultural Preservation Department uses photographs and video images of sponsored activities in publications including websites and newsletters. I hereby further grant permission for photo and or video images of my child/children to be taken and used for such purposes.

Parent/Guardian Signature: ____________________________

Printed Name Parent/Guardian: ________________________

Date: ________________  
Phone #: __________________

Emergency Contact Name: ____________________________

Relationship: ____________________________

Phone #: ____________________________

Medical Authorization for Field Trips

If there is an accident or injury that results in a medical emergency affecting my child while on a field trip and tribal staff or chaperones are unable to reach me to give permission for treatment, I, the Parent/Guardian of (List Child/Children) ____________________________ do hereby grant permission to the adults supervising/chaperoning the field trip, or to any hospital or physician to authorize emergency medical treatment for my child during said field trip. I agree to hold the responsible party who grants such permission harmless for that act and hereby release that individual for any liability in connection with granting permission for treatment.

I acknowledge that I have carefully read the forgoing medical authorization, and I sign this as my own free act.

Parent/Guardian Signature: ____________________________

Relationship: ____________________________