

A decorative border of orange pumpkins with carved faces surrounds the entire page.

OCTOBER 2019



General Membership Meeting Reminder

Open House: Friday, October 4, 2019—5:30 p.m. to 7:30 p.m.
at Community Building

Meet the Candidate at 7:30 p.m.

Meeting Date: Saturday, October 5, 2019, begins at 9:00 a.m.
Community Building

We will be discussing some very important topics that need tribal membership input: Lake Powell Pipeline Proposal, Economic Development, Secretarial Election Update. We hope you can join us at this year's meeting.



SMOKE SIGNALS

**THE KAIBAB RV PARK
HAS BEEN APPROVED
AS THE NEW
POLLING LOCATION
FOR STATE & FEDERAL
ELECTIONS**



**IF YOU HAVE ANY QUESTIONS
PLEASE CALL VINCENT TOYA
AT 643-7245**



STORYTELLING GATHERING

for past participants of
Camp Kwiyamuntsi and Camp Yevingkarere

Saturday, October 12th, 2019
at Zion National Park's Nature Center
10am to 4pm





Contact

LeAnn Jake Shearer

(928) 643-7365

lshearer@kaibabpaiute-nsn.gov

Willing To Teach Kids, Teens & Adults?

The Cultural Preservation Department is looking for instructors willing to share their talents be it traditional or contemporary.

***Musicians, singers,
Painters, sculptors, potters,
Quilters, gardeners, native plant
enthusiast, cooks, Traditional life skills,
etc.***

UPCOMING EVENTS

Immunization/Flu Clinic

Hopi Health Care Center/PHN(Public Health Nurse's
at Open house

October 4th, 2019 from 5:00 pm to 7:00 p.m.

October 5th 8:00 am to 12 pm, AZ Time

At Community Bldg.

Immunizations available for all ages

HEALTH FAIR

NOVEMBER 15TH & 16TH

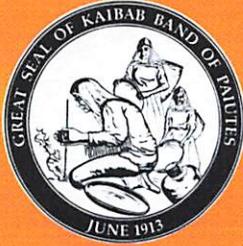
COLORED (Powder) CANCER WALK- November 16th Participants will receive a pullover

If you would like a family members name on pullover call the CHR office or email for permission and names of individuals that have had any form of cancer that you would like listed.

Monthly Fall/Winter Movie nights will begin next month in October.

Open Enrollment for Medicare Part D-October 15th thru December 7th, 2019

For Kaibab Residents: if you have AHCCCS-Your plan is Care1st please change it to Steward Health Choice, it will provide more services in this area. Bring in any new insurance cards for your file. Any mail that pertains to your healthcare please bring into the CHR office even if it says this is not a bill, Thanks



Education Connection

October 2019

Library Hours
 Mon-Thurs 9-4
 Friday 9-3

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3 Education Committee Meeting 5:30 pm KCSD Board Mtg. 7 p.m.	4 TUTORING 10 am Open House	5 Annual Meeting
6	7 Vison Board and Goal Planning 5-6pm	8-11 Library Closed—No Tutoring			12	
13	14 Heritage Day Library Closed CCSD Board Mtg 6 pm	15 FMUSD Board Mtg 6 pm	16 Spooky Women's Craft 5-8 pm	17 Tribal Council	18 TUTORING 10 am Read a Thon 2:00-5:30 pm Community Movie Night 6pm	19
20	21 Love and Logic Parenting 5:30-7:00 pm	22 Journaling 5-6 pm	23	24 Robotics and Coding 4:30-5:30 pm	25 TUTORING 10 am	26
27	28 Teen ART 4:30-6 pm	29-31 Library Closed—No Tutoring				
Check out our webpage for current information and flyers http://kpteducationlibrary.weebly.com/						

October Education EVENTS

Robotics and Coding Club

Thursday, October 24th
4:30-5:30 pm
K-8th grades
There are only 8 spots so call
today to reserve yours

- Critical Thinkers
- Teaches Persistence
- Problem Solving Skills
- Courage to try new things
- Math Skills
- Meaningful Context
- Processing Skills
- Determination
- Creativity
- Girls can code too...and should!

EDUCATION COMMITTEE MEETING



OCTOBER 3RD
5:30 PM
TRIBAL LIBRARY

Teens with H.E.A.R.T.

This month teens will be learning to watercolor and creating a watercolor explosion book!

Monday, October 28th

4:30 pm

Tweens and Teens 12-18

Tribal Library

Tutoring Math made FUN Monthly Math Activities

All students will benefit from these focused math activities. Most classrooms do not have enough time for students to fully grasp math concepts in their own learning style. These monthly activities will teach the concepts visually using games, art, manipulatives, and more!

- OCTOBER--MATH FACT
- NOVEMBER--FRACTIONS
- DECEMBER--TELLING TIME

Friday, October 4th---10:00 am

Friday, October 18th--10:00 am

Friday, October 25th--10:00 am

October Library EVENTS

TELL YOUR STORY WITH JOURNALING

Tuesday, October 22nd
5:00-6:00 pm
Library

- What is your favorite childhood memory?
- What food did you hate growing up, but now you love?
- What is the hardest thing you have ever had to overcome?
- What subject in school were you really good at?
- Write about one of your most embarrassing moments
- If you woke up tomorrow and discovered that everything in life was now free, what is the first thing you would do?

These simple journaling prompts provide insight for your family into who you are and can leave a legacy of insights and love. Journaling isn't social media or dear diary...it's simple questions about you. Come learn how and where to journal!

WHAT IS YOUR VISION?

Monday, October 7th
5:00 pm
Library

Dreaming, envisioning, and planning help each of us create the life we want to live. Join us as we explore what is on your vision board and how to use that to set goals and achieve them. This workshop is open to everyone. Parents, it is never too late to create your vision and never too early to teach your child to dream and work towards goals.

Camp Read-a-Thon

COME LOUNGE IN TENTS, ROAST MARSHMALLOWS, PLAY CAMP GAMES AND READ ALL KINDS OF BOOKS!

READERS OF ALL AGES ARE WELCOME!

COMMUNITY BUILDING
FRIDAY, OCTOBER 18TH
2:00-5:30 PM

COMMUNITY MOVIE NIGHT

FRIDAY, OCTOBER 18TH
6:00 PM
AT THE COMMUNITY BUILDING

VOTE FOR YOUR FAVORITE

BRING A COMFY CHAIR AND BLANKET. WEAR YOUR PAJAMAS, AND TAKE YOUR FAMILY OUT FOR A NIGHT AT THE MOVIES.



SPOOKY
Wednesday Women's Craft
SPOOKY CRAFTS for your home!!
Come craft, create, laugh, and go
home with some amazing creepy
crafts just in time for Halloween!

Wednesday, October 16th

8:00-8:00 pm

Community Building

Brought to you by Housing and Library Departments

Parenting the
Love and Logic Way

This program provides parents, grandparents, and guardians an opportunity to gain practical and proven tools for raising respectful, responsible, and happy kids!

The Love and Logic techniques

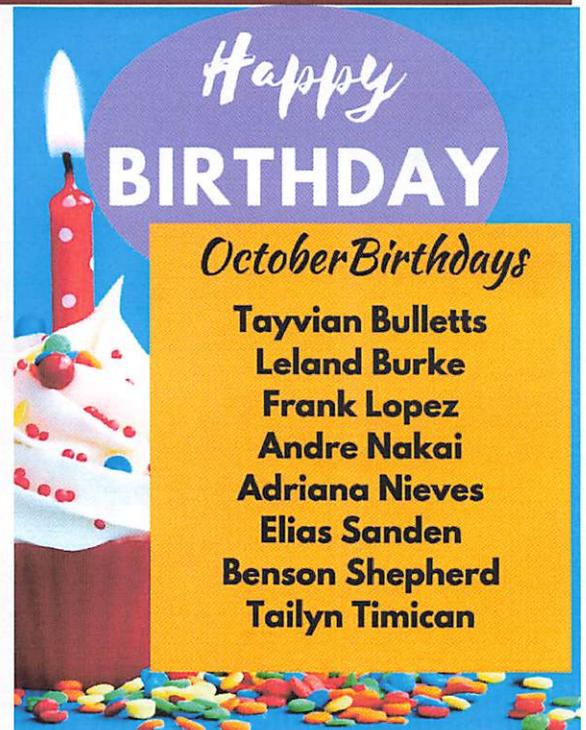
- Are simple and easy to learn
- Teach responsibility and character
- Lower your stress level
- Have immediate and positive effects
- Up the odds that you will enjoy lifelong positive relationships with your kids and grandkids!

Monday, October 21st

5:30-7:00

Community Building

Light refreshments will be served



Happy

BIRTHDAY

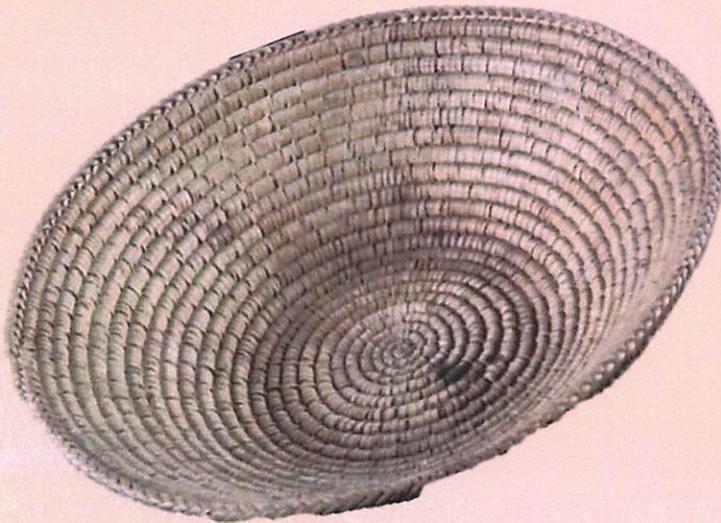
October Birthdays

Tayvian Bullets
Leland Burke
Frank Lopez
Andre Nakai
Adriana Nieves
Elias Sanden
Benson Shepherd
Tailyn Timican

KAIBAB PAIUTE HERITAGE DAY EVENT

2ND Annual 2-day Basket Weaving Workshop

ATTN: Tribal Members, Spouses, and other Natives living on the Kaibab Rez.



Friday, October 18th

9:00 AM – 4:00 PM

Lunch will be provided

Saturday, October 19th

9:00 AM – 4:00 PM

Lunch will be provided

Location: Kaibab Paiute Gym

Instructor: San Juan Southern Paiute Elder Mable Lehi.

IN CELEBRATION OF OUR SOUTHERN PAIUTE HERITAGE the Cultural Preservation Department will be hosting a 2-day basket weaving workshop. This workshop is aimed at people of all abilities that would like to learn how to make a traditional Southern Paiute willow basket. Please join us and come learn these valuable heritage skills.

*** Children 12 and younger must be accompanied by an adult, we will be working with sharp tools. ***

THINGS YOU WILL NEED TO BRING WITH YOU TO CLASS

Sharp knife	Awl	large basin for soaking your willows	hand towel
Comfortable chair or pillow	work clothes or apron	garden shears or nippers	

For more information contact LeAnn Jake Shearer, Cultural Preservation Office 643-7365



Seeking someone in the community to teach the art of making moccasins. Step forward please and provide your expertise. Contact LeAnn Shearer, Cultural Preservation Director (928 643-7365) or email her at lshearer@kaibabpaiute-nsn.gov.



Kaibab Band of Paiute Indians

Wildlife, Fisheries & Parks Department

2019 Southern Paiute Bands Youth Camping and Hunting

Dates: October 18, 19, 20, 2019.

Location: Pavilion on Moccasin Mountain
Kaibab Paiute Indian Reservation, AZ.

Contact Person: Danny Bullets, Jr. Director, Wildlife, Fisheries & Parks.
Phone: (928) 643-8305. Email: dbullettsjr@kaibabpaiute-nsn.gov

Who can participate: Any Tribal members from one of the Southern Paiute Bands and Tribal youth that are members or descendants of their band, between the ages of 10 -17 years old accompanied by an Adult chaperone 18 years or older.

Other Paiute Tribe's: Need to talk with your Band or Tribal Chairman, Council to Get involved in this or if someone wants to be point of contact for their Tribe.

Activities will include:

- Kaibab Paiute Tribe Hunter Safety, short course.
- Two nights camping,
- Bring your own sleeping bag, tents, toiletries, if not your band should get this for you.
- Elders speak on hunting.
- Cultural Information.
- Harvesting Deer, Dressing, skinning, and quartering of Deer.



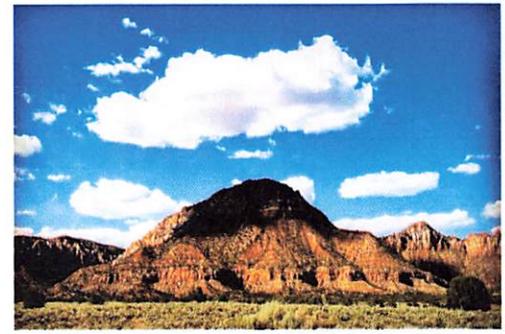
Human Resources

HC 65 Box 2
Fredonia, AZ 86022

Phone: (928) 643-7245 Fax: (888) 294-9453

E-mail: HR@kaibabpaiute-nsn.gov

Website: www.kaibabpaiute-nsn.gov



Employment Opportunities – September 30, 2019

Red Cliffs Chevron Assistant Manager: Full-Time/Benefits after 90 days; \$12.00/DOQ

Assist manager with daily operations of the Red Cliffs Chevron Station/Convenience Store by helping to ensure the overall success of the store. Assist with controls, reporting, and staff to efficiently grow the business to ensure profitability. Provide training to new cashiers in all aspects of cashier duties and responsibilities. Plan and prepare work schedules and assign duties necessary in day-to-day operations. Perform cashier duties, inventory merchandise, reconcile cash with sales receipts, keep operating records, and prepare daily record of transactions. Order merchandise weekly to keep store properly stocked. Ensure store employees are following established security, sales, and record keeping procedures and practices. Prepare daily reports, invoices, gasoline data, etc. All other duties as assigned.

Red Cliffs Chevron Cashier (2): Full-Time/Benefits after 90-days; Part-Time/No Benefits; \$11.00 hr

This position requires familiarity with cashiering and retail sales. The applicant must be able to provide pleasant and courteous service to customers according to tribal goals, policies and procedures. Must have excellent customer service skills and can engage with customers. The cashiers must also be able to keep the manager informed of general inventory needs and will be accountable for cash and receipts during each shift. Must be able to handle cash transactions, be responsible for general cleanup, restocking of inventory and performing all related duties as necessary. Be able to work all shifts including evening, weekend and holidays and must be able to closely follow written and oral instructions.

Support Services Assistant: Full-Time/Benefits; \$11.00 hr or DOE

The Support Service Assistant will assist the Social Service, Mental Health and Substance Abuse Departments. The SSA will be overseen by the Social Services Director and the Substance Director will be responsible for oversight for all duties as assigned by each department director. Duties include: answering phone calls, scheduling appointments, complete the intake process, complete invoicing, assist with general record keeping, must have computer skills, assist clients with employment and education opportunities, verification/researching of client information, financial record keeping, supervise Human Services waiting area, all facets of office organization and for all three departments including filing duties. All other duties as assigned.

Language Program Director: 20 Hours per Week/No Benefits; \$11.00 hr

The Language Program Director must be a Member of a Southern Paiute Tribe with leadership abilities who has a vision for the Tribal language program. The Language Program Director will be responsible to recruit and supervise language teachers and cultural consultants. Create lesson plans and assist teachers in carrying out those lessons. Make sure students/youth have a ride to class each week. Incumbent must speak the Paiute language or have knowledge of the Paiute language and culture and be willing to learn more. Assist in recording language lessons for Tribal Members' use. All other duties as assigned.

Kaibab Early Learning Center Director: Full-Time/Benefits after 90-days; Wage DOQ

The Kaibab Early Learning Center is seeking an enthusiastic, motivated Director. The Director is responsible for overseeing the day-to-day operations of the Early Learning Center to ensure the children and staff are provided a safe learning environment. Duties include the following: assure the Center is a safe, nurturing place for the children to learn; implement activities that inspire and encourage social, physical and intellectual development; give the children in the Center's care the opportunity to explore each day, help them understand and expand their individual interests, assert their independence and build self-esteem; prepare children to enter elementary school. Minimum qualifications are very specific and must be followed. Please see full position announcement for required qualifications.

KELC Lead Teacher: Full Time/Benefits after 90 days; \$12.00 hr, DOQ*

The Kaibab Early Learning Center is seeking an enthusiastic and motivated Lead Teacher to oversee the classroom. This individual will provide a safe, nurturing, learning environment and implement activities that inspire and encourage social, physical and intellectual development. KELC children/students range from age 2 ½ (must be potty trained) until they start Kindergarten. They need direction to help them explore and expand their individual interests, assert independence, build self-esteem and prepare them to enter elementary school. Provide information to parents regarding their child(ren)'s progress. Maintain an environment that is respectful of family cultures and values. Assist the Director in keeping parents/guardians informed by posting parent information on the parent information board by the Learning Center entry, including lesson plans, daily schedules, special activities, etc. Supervise children and be actively involved in their daily activities and transitions. All other duties as assigned.

Events/Activities Coordinator: Part Time/No Benefits; \$11.00 hr

This position will be responsible for planning, coordinating and putting on events and activities for the Kaibab Band of Paiute Indians. This includes seasonal community parties, staff functions and community events. Weekly hours will vary depending on upcoming events/activities. The Events/Activities Coordinator will control an event/activity from conception to clean up. Coordinator will meet with the committee, community or employee that needs an event or activity planned to work out event details such as location, food, entertainment, guest lists, staff and cleanup. Proactively handle any arising issues and troubleshoot any emerging problems when event occurs. Ensure that all budgets are adhered to and that events run smoothly. Events and activities include but are not limited to the following: Community Parties, i.e. Easter, Halloween, Christmas; Sounds of Thunder Mountain Pow Wow; Staff Appreciation Party; Christmas Staff Brunch and staff luncheons; Youth Basketball Camp; Health Fair; Annual Meeting and Open House; Heritage Day; Grand Openings and Dedications. Propose ideas to improve events/activities. Provide feedback/reports to committees/employees/administration. Deliver flyers to communities relating to events/activities. All other duties as assigned.



Water Quality

Kaibab Band of Paiute Indians

Part 2 https://en.wikipedia.org/wiki/Clean_Water_Act

Part Two:

Gastrointestinal illness[\[edit\]](#)

Gastrointestinal disorders include such conditions as constipation, irritable bowel syndrome, hemorrhoids, anal fissures, perianal abscesses, anal fistulas, perianal infections, diverticular diseases, colitis, colon polyps and cancer.^[8] In general, children and the elderly are at highest risk for gastrointestinal disease. In a study investigating the association between drinking water quality and gastrointestinal illness in the elderly of Philadelphia, scientists found water quality 9 to 11 days before the visit was negatively associated with hospital admissions for gastrointestinal illness, with an interquartile range increase in **turbidity** being associated with a 9% increase). The association was stronger in those over 75 than in the population aged 65–74. This example is a small reflection of residents of the United States remain at risk of waterborne gastrointestinal illness under current water treatment practices.^[9]

Reproductive problems[\[edit\]](#)

Reproductive problems refer to any illness of the **reproductive system**. New research by Brunel University and the University of Exeter strengthens the relationship between water pollution and rising male fertility problems. Study identified a group of chemicals that act as anti-androgens in polluted water, which inhibits the function of the male hormone, testosterone, reducing male fertility.^[10]

Neurological disorders[\[edit\]](#)

Neurological disorders are diseases of the brain, spine and the nerves that connect them. The new study of more than 700 people in California's Central Valley found that those who likely consumed contaminated private well water had a higher rate of Parkinson's. The risk was 90 percent higher for those who had private wells near fields sprayed with widely used insecticides. Unlike water supplies in large cities, private wells are mostly unregulated and are not monitored for contaminants. Many of them exist at shallow depths of less than 20 yards, and some of the crop chemicals used to kill pests and weeds can flow into ground water. Therefore, private wells are likely to contain pesticides, which can attack developing brains (womb or infancy), leading to neurological diseases later in life. A study led by UCLA epidemiology professor Beate Ritz suggests that "people with Parkinson's were more likely to have consumed private well water, and had consumed it on average 4.3 years longer than those who did not have the disease."^[11]

Scott W. King

Kaibab Band of Paiute Indians.

Water Quality

Skking@kaibabpaiute-nsn.gov

VACCINE INFORMATION STATEMENT

Influenza (Flu) Vaccine (Inactivated or Recombinant): *What you need to know*

Many Vaccine Information Statements are available in Spanish and other languages. See www.immunize.org/vis

Hojas de información sobre vacunas están disponibles en español y en muchos otros idiomas. Visite www.immunize.org/vis

1 Why get vaccinated?

Influenza vaccine can prevent **influenza (flu)**.

Flu is a contagious disease that spreads around the United States every year, usually between October and May. Anyone can get the flu, but it is more dangerous for some people. Infants and young children, people 65 years of age and older, pregnant women, and people with certain health conditions or a weakened immune system are at greatest risk of flu complications.

Pneumonia, bronchitis, sinus infections and ear infections are examples of flu-related complications. If you have a medical condition, such as heart disease, cancer or diabetes, flu can make it worse.

Flu can cause fever and chills, sore throat, muscle aches, fatigue, cough, headache, and runny or stuffy nose. Some people may have vomiting and diarrhea, though this is more common in children than adults.

Each year **thousands of people in the United States die from flu**, and many more are hospitalized. Flu vaccine prevents millions of illnesses and flu-related visits to the doctor each year.

2 Influenza vaccine

CDC recommends everyone 6 months of age and older get vaccinated every flu season. **Children 6 months through 8 years of age** may need 2 doses during a single flu season. **Everyone else** needs only 1 dose each flu season.

It takes about 2 weeks for protection to develop after vaccination.

There are many flu viruses, and they are always changing. Each year a new flu vaccine is made to protect against three or four viruses that are likely to cause disease in the upcoming flu season. Even when the vaccine doesn't exactly match these viruses, it may still provide some protection.

Influenza vaccine **does not cause flu**.

Influenza vaccine may be given at the same time as other vaccines.

3 Talk with your health care provider

Tell your vaccine provider if the person getting the vaccine:

- Has had an **allergic reaction after a previous dose of influenza vaccine**, or has any **severe, life-threatening allergies**.
- Has ever had **Guillain-Barré Syndrome** (also called GBS).

In some cases, your health care provider may decide to postpone influenza vaccination to a future visit.

People with minor illnesses, such as a cold, may be vaccinated. People who are moderately or severely ill should usually wait until they recover before getting influenza vaccine.

Your health care provider can give you more information.



U.S. Department of
Health and Human Services
Centers for Disease
Control and Prevention

4 Risks of a vaccine reaction

- Soreness, redness, and swelling where shot is given, fever, muscle aches, and headache can happen after influenza vaccine.
- There may be a very small increased risk of Guillain-Barré Syndrome (GBS) after inactivated influenza vaccine (the flu shot).

Young children who get the flu shot along with pneumococcal vaccine (PCV13), and/or DTaP vaccine at the same time might be slightly more likely to have a seizure caused by fever. Tell your health care provider if a child who is getting flu vaccine has ever had a seizure.

People sometimes faint after medical procedures, including vaccination. Tell your provider if you feel dizzy or have vision changes or ringing in the ears.

As with any medicine, there is a very remote chance of a vaccine causing a severe allergic reaction, other serious injury, or death.

5 What if there is a serious problem?

An allergic reaction could occur after the vaccinated person leaves the clinic. If you see signs of a severe allergic reaction (hives, swelling of the face and throat, difficulty breathing, a fast heartbeat, dizziness, or weakness), call 9-1-1 and get the person to the nearest hospital.

For other signs that concern you, call your health care provider.

Adverse reactions should be reported to the Vaccine Adverse Event Reporting System (VAERS). Your health care provider will usually file this report, or you can do it yourself. Visit the VAERS website at www.vaers.hhs.gov or call 1-800-822-7967. *VAERS is only for reporting reactions, and VAERS staff do not give medical advice.*

6 The National Vaccine Injury Compensation Program

The National Vaccine Injury Compensation Program (VICP) is a federal program that was created to compensate people who may have been injured by certain vaccines. Visit the VICP website at www.hrsa.gov/vaccinecompensation or call 1-800-338-2382 to learn about the program and about filing a claim. There is a time limit to file a claim for compensation.

7 How can I learn more?

- Ask your healthcare provider.
- Call your local or state health department.
- Contact the Centers for Disease Control and Prevention (CDC):
 - Call 1-800-232-4636 (1-800-CDC-INFO) or
 - Visit CDC's www.cdc.gov/flu



TIMELINE OF ROCKY MOUNTAIN SPOTTED FEVER (RMSF) SIGNS AND SYMPTOMS

RMSF can be fatal within 7-9 days. All patients with suspected RMSF should receive immediate antibiotic treatment with doxycycline. Use of antibiotics other than doxycycline is associated with a higher risk of fatal outcome from RMSF.

Incubation period of 3-12 days following the bite of an infected tick

Prophylactic use of doxycycline following tick bite is not recommended and may delay onset of illness



Brown dog tick



American dog tick

Days from illness onset	Signs and symptoms	Laboratory indicators	Images
Days 1-2	<ul style="list-style-type: none"> • Abrupt onset of high fever • Headache, myalgia, and malaise 	Laboratory results (white blood cells [WBC], platelets, sodium) generally within normal limits	
Days 2-4	<ul style="list-style-type: none"> • Faint macular rash begins on wrists and ankles and spreads centrally • Abdominal pain, nausea/vomiting • Cough • Calf tenderness • Periorbital and peripheral edema (more common in children) 	<ul style="list-style-type: none"> • Mildly elevated transaminases and mild thrombocytopenia • WBC usually within normal limits 	<p>Photo credit: G. Alvarez Hernandez</p>

Doxycycline is most effective at preventing severe illness and death if administered within the first 5 days of symptoms

Days 5-7	<p><i>Progression in symptoms from days 2-4:</i></p> <ul style="list-style-type: none"> • Fever typically $\geq 104^{\circ}\text{F}$ • Worsening respiratory status • Worsening abdominal pain (may mimic acute appendicitis or cholecystitis) • Rash becomes petechial and more widespread, typically involves palms and soles 	<ul style="list-style-type: none"> • Worsening thrombocytopenia • Elevated hepatic transaminases, mild to moderate • Hyponatremia 	
Days 7-9	<p><i>Further progression from days 5-7:</i></p> <ul style="list-style-type: none"> • Rash becomes diffuse and coalesces (forming purpura) • Necrosis of the digits leading to peripheral gangrene • Septic shock • Myocarditis and cardiac arrhythmias • Renal failure • Pulmonary edema or Acute Respiratory Distress Syndrome (ARDS) • Cerebral edema, meningoencephalitis, altered mental status, coma, seizures 	<ul style="list-style-type: none"> • Severe thrombocytopenia • Elevated creatinine, creatinine kinase and lactic acid • WBC mildly to moderately elevated 	

20-25% of untreated cases of RMSF will be fatal with most deaths occurring within the 7th to 9th day of illness.

People who survive could have severe sequelae, including necrosis necessitating amputation, profound neurologic deficits, and permanent organ damage.

Note: RMSF disease progression varies widely. Not all patients will develop all of the above-listed signs or symptoms or progress exactly as described in the above timeline.

Summary

- Doxycycline is the drug of choice for treating RMSF in people of all ages.
- Empiric treatment with doxycycline is recommended in patients of all ages with suspected RMSF.
- Treatment is most effective at preventing death and severe RMSF when doxycycline is started within the first 5 days of symptoms.
- Use of antibiotics other than doxycycline is associated with a higher risk of fatal outcome from RMSF.