

SMOKE SIGNALS



March 2018



Veterans Memorial Sweethearts Benefit Pow Wow

Rauni Spute and Richard Pacheco were the winners of the Sweetheart Dance contest, Winner took all!! 🌈 Congratulations! We would like to thank all the donations 🍷 provided by tribal programs, local businesses, and giving individuals. Everyone had a good time dancing and eating, we would like to thank the ladies who made fry bread dough, without them no Frybread would have been had!!! Thanks to all those attended and supported this benefit Pow Wow!!

March 2018

Tribal Council
Mtg.

March 15, 2018

Cooking Class
Tues.

March 20, 2018

5:30 pm

Comm. Bldg.

**SPRING IS ON
ITS WAY!!**

Kaibab Band of Paiute
Indians

HC 65 Box 2

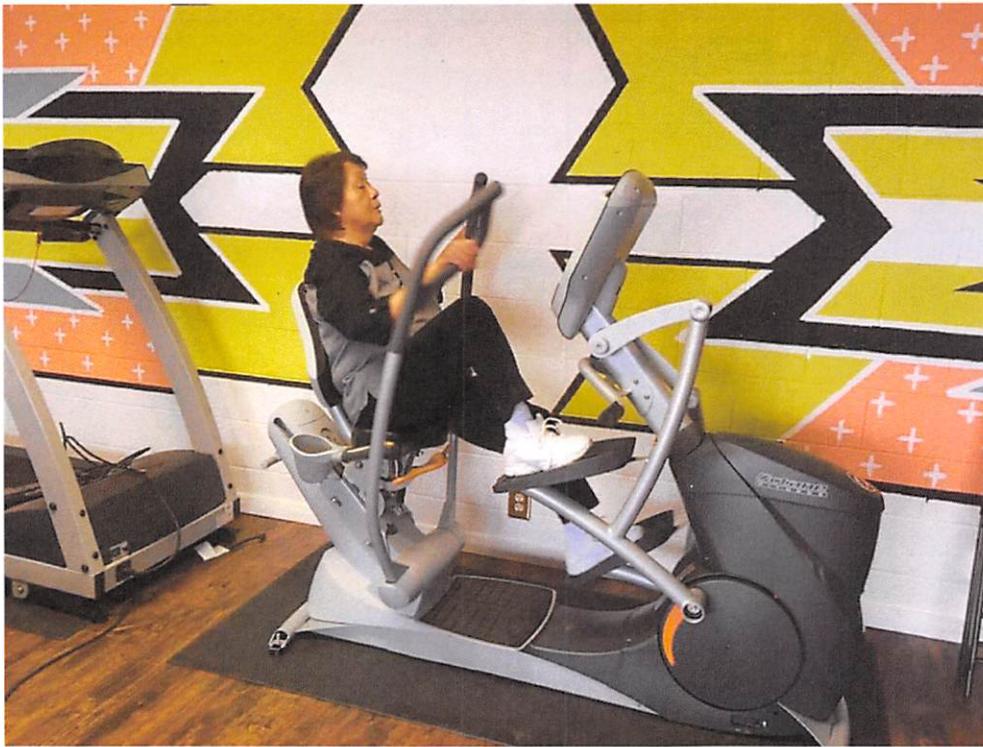
Fredonia, AZ 86022

(928) 643-7245

Fax (888) 939-3777

Website:

[Kaibabpaiutetribe-
nsn.gov](http://Kaibabpaiutetribe-nsn.gov)



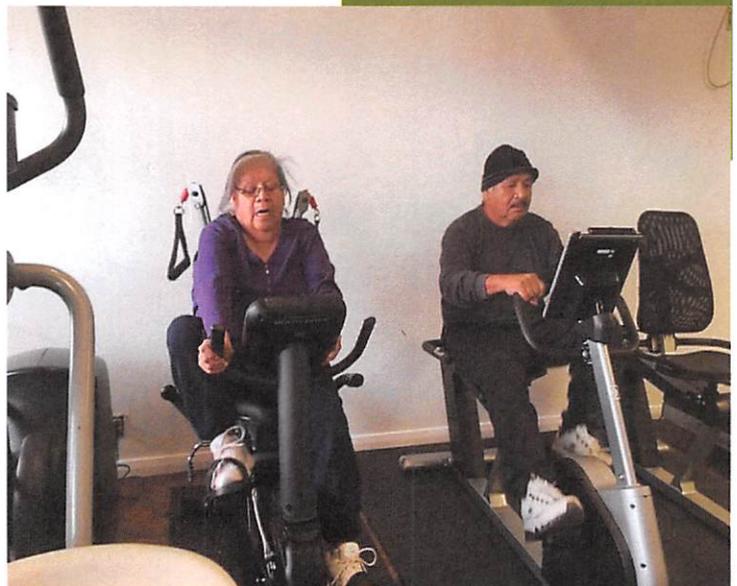
Victoria Pickyaviette is making some miles!!

Small changes can make a **HUGE** Difference!!

Edna Osife is cruising for health!



Lorraine Benn and Carwin McFee spinning their wheels while watching the miles accrue!



CHR
Department



**The CHR
Department is
continuing to
provide car
seats for our
children. Call
to make an
appointment!**

**Our Elderly
Tribal Members
are exercising
with our new
equipment**

**Come down
and take a look**



CHR Programs

March 2018

Hello, My Name is Laura Rae Savala-Levi I am the CHR-Community Health Director for our Tribe. I have 20 Years' experience in the Healthcare field as well as being a CNA-Certified Nursing Assistant I am a CPS Tech (Child Passenger Safety) My license has been renewed for another 2 years. I have 4 different new child restraints seats available, all you have to do is come in watch a video (25 mins.) and show me how install it in your vehicle and ask questions and I will check to see if it is installed correctly. Call and schedule your appointment with me. Our Health TEAM consist of a very excited, willing, knowledge team that would like to help you with your health care questions and needs. If we don't have an answer for your questions we will look into it and find out. It's 2018 let's all plan for a better year for us all "Let's be healthier" no one likes to be sick. Whether it small health goals that we try to achieve together, it's a start. My door is always open for suggestions and constructive criticism. Have a great healthy year and buckle up, you are important to us.

lsavala@kaibabpaiute-nsn.gov/928-643-8331



Carriage

Convertible

High Back Booster

No Back Booster

Greetings everyone, from Coordinator in June of 2017. So experience. I enjoy working something new to learn as we about Tobacco & the industry, knowledge about our Culture understanding of our cultural grateful for being able to work home.



Tobacco!! I started as Tobacco far it has been a really great with the Youth and there is always go. Not only have I learned more but I have also gained so much more as Paiute people and a greater and spiritual beliefs. I am so very here, with my people and close to

Our Youth have such a great opportunity by having this program to participate in. The Youth Coalition is a great stepping stone that the youth can utilize to cultivate many skills they will need in the future, to be successful as young adults. This Coalition helps the Youth to learn Social skills, public speaking, designing a power point, writing skills, Art skills, creativity, and being expressive as an individual. It supports standing for a cause, and encourages the youth to find their voice. I also feel it really helps with self-esteem. All of these things are so important for our youth as we are somewhat challenged by the fact that we live in a rural area and it can be difficult out there in the world, once our kids grow up and go off to college or leave home. They will learn nothing but positive life skills by participating in the Coalition.

I am working on different ways to help our youth accomplish many set goals I have prepared for them. The biggest way we can do this is with consistent participation. One of the biggest goals I have accomplished is getting our budget increase approved for 2018. I was so happy when the e-mail came in that it had passed!! This will allow us to attend more workshops and do a whole lot more as an active coalition, we will have more to show! Our first training workshop is right around the corner February 24th.

Parents with Youth in the Coalition I appreciate all of your support and help. Please encourage your son or daughter to attend all meetings and keep up with tasks given, as they do have a few homework tools now and then. Parents with Youth who are of age, (13-18) Please encourage them to come and be a part of the Coalition! We need as many youths as we can get. This will only benefit your children, and they will learn a lot. Youth who are not consistently attending meetings, and not working on assigned tasks (online training, speeches etc....) will not be allowed to go on the trips.

Last but not least, if you or someone you love need help to quit smoking or using commercial tobacco products please, stop by my office, or give me a call. I can give you some helpful information and set up a plan to be on the road to a healthier, tobacco free lifestyle.

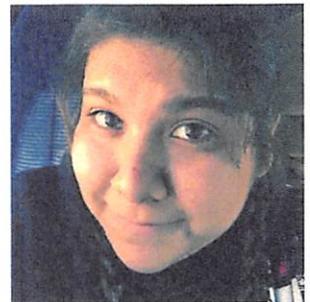
Thank you it is a pleasure working with you all.

Valerie Martinez, Tobacco Coordinator, Kaibab Paiute Tribe/(928) 643-8335/ vmartinez@kaibabpaiute-nsn.gov

Hello, I am Susanna Evans the Medical Billing Clerk I have been in the medical field since 1996. I am a CAN & Certified MA. I have worked in Skilled Nursing for 7 years, Home Health 2 years & clinic for the past 17 years. I love helping people & trying to keep them healthy. I love being here in my new position to start a new experience in my health care field. I have lived on the reservation for the past 23 years I am married to Daniel Bullets III. We have 3 children and 5 grandkids who are the light of my life. I look forward to learning all I can about the CHR & Indian Health Service Programs. I Hope I can do my job to the standards that are expected of myself.



Hello my name is Shalyce Parashonts, I am the Diabetes Fitness Coordinator. I have worked and lived here in Kaibab for 2 1/2 years. I work at the gym Monday- Friday 9:00-5:00. I am a certified personal trainer, meaning I can coach one on one fitness training sessions and teach fitness classes. I teach a TRX fitness class and a active elders class here at the gym. The time I have spent here in this position I have helped make renovations to the gym facility, installed new equipment and started new classes. I enjoy art, sports and weightlifting, I also played college basketball at Feather River College in Quincy, CA. Kaibab has become a home to me and I hope to further help in bringing exercise and wellness to this awesome community. I am always available to teach and help people on their fitness journey.



Hello, I'm McKenna Yracheta, I am the Fitness Assistant in the Diabetes Program. I am excited to learn new ways to help you achieve your fitness goals. Come up to the gym and check out our fitness rooms and check out our new equipment we have. My hours I work are Monday thru Friday 4-8 p.m. and Fridays 9 am -1:00 p.m.

Hello, I am Celia Milner the Diabetes Educator. As a recently diagnosed Diabetic, I am learning new things about Diabetes and how it affects your whole body from your head down to your toes. I have new healthy recipes that I would like to try out so come check out the healthy cooking classes. I have some goals that I want to try achieve for this year but without your help I may not achieve them, so if you need one on one educating I am available to do that. Some goals: Senior exercise, Healthy kid foods, Blood pressure



control, plant vegetables in green house. My goal is also to educate everyone not just the Diabetics that we have now. Diabetes is prevalent in Indian Country and we need to stop the cycle of people thinking its a death sentence. With exercise and eating right you can manage it and not feel like its taking control of your life.

VACANT POSITIONS: CHR Driver and CHR Nurse

NOTICE TO TRIBAL MEMBERS THAT LIVE ON THE RESERVATION!!

PLEASE BRING IN ALL MEDICAL BILLS AND DENTAL BILLS, ANYTHING FROM YOUR INSURANCE AND/OR HOPI HEALTH CARE. MAKE SURE TO NOTIFY THE CHR OFFICE FOR APPOINTMENTS MADE AND MAKE SURE YOUR UPDATE ARE IN !!! MAKE SURE YOU TAKE YOUR INSURANCE CARD TO YOUR DR. APPOINTMENTS AND THE PHARMACY SO THAT YOUR INFORMATION IS UPDATED!!



LOCAL IMPACT - ARIZONA

Celia Milner

CHR Department, Kaibab Band of Paiute Indians

“I know now I can manage my life with diabetes.”

- Celia Milner

I was diagnosed as diabetic in March of 2016, it has been a big learning experience for me. I know I couldn't have adjusted to my lifestyle change without my Tribe's support and guidance.

It all started with learning from the nutritionist that the Community Health Representative (CHR) department had come out and gave a class on portion control and reading labels. My next step was a visit with the Endocrinology/Diabetes Clinic where we made a game plan with some life goals for myself. I also learned proper daily foot care for diabetics and what to do and what to look for. Most important to me was the visit to the optometrist who specialize in diabetes, especially since I had a big change in my vision. It went from good to really bad eyesight, as soon as my blood sugar number dropped my eye sight improved tremendously. My eye sight improved so much I had to change my prescription twice in a six-month span.

I know now I CAN manage my life with diabetes. Now, I'm learning how to teach others about diabetes as our Tribe's Diabetes Health Educator, making a difference.



“Here is a picture of me at our Kaibab Community monthly movie night. Our January movie was Cars #3. I provide healthy snacks for those who attend. I keep the theme of the movie in mind while making fruit and vegetables fun to eat, such as race car slices of apples with grape wheels, decorate the water bottles as ‘coolant’, carrots & celery as ‘dip sticks’, forks & spoons as ‘tools’. Our children really LOVE IT! And eating healthy.”
-Celia Milner

Diabetes in Arizona

According to 2008 CDC data, approximately 376,000 people in Arizona - 7.9% of the state's population - had diagnosed diabetes, and many of them suffer from serious diabetes related complications or conditions. In addition to the human toll diabetes places on people in Arizona, the financial burden diabetes places on the state's health system is staggering - in 2007, the direct and indirect cost of diabetes in Arizona was approximately \$3.46 billion.

This article was published in the DIABETES IN INDIAN COUNTY WEBSITE!!



**COOKING IN
KAIBAB WITH
CELIA MILNER
DIABETES
HEALTH
EDUCATOR**

**CREAMY GARLIC
BRUSSEL SPROUT
WITH BACON**

**TUESDAY MARCH
20TH 5:30 @
COMMUNITY
BLDG.**

*Enjoy a nice
evening with food*

MARK YOUR CALENDARS

WOMEN'S WELLNESS DAY

FRIDAY MARCH 9, 2018

8:30 am – 5:00 pm

TRIBAL COMMUNITY BUILDING

IT'S OUR DAY!



Women's Wellness Day 2018

A Day to explore and learn about alternative paths to
Health and Wellness.

Friday March 9, 2018 8:30 - 5:00 pm

8:30	Sign in - Breakfast Foods, Juice and Coffee	
9:00	Welcome	Penny
9:05	Blessing	
9:10	Hula with Jennie and Nathele	
9:20	What is your color?	Jennie
10:10	Healthy Body, Healthy You	Nathele
11:00	Stress Management	Celia
11:15	Break	
11:20	Coping with Codependency	Rona
11:50	Women of Excellence	Jennie & Penny
	Announcements for Afternoon Activities	
12:00	Lunch	
1:00 - 5:00	<u>Self-Care Time</u>	Everyone
	Energy work with De Alva	
	Massage with Roger and Miranda	
	Foot Zone Therapy with Lynette and Laurie	
	Life Path Readings with Victoria Lagerstrom	
	Sound Massage with Betina and Rona	
	Manicures / Pedicures	
	Dry Haircuts / trims with Stevie	
	Facials with Valerie	
	Crafts with Jennie and Cierra	

This event strives to offer information and an opportunity for wellness and healing for women of all cultures, beliefs and ethnicities. A special thank you to all of the tribal programs and women who helped put this event together.

Day care for children ages 2-6 will be provided at the Kaibab Early Learning Center during this event.

A.A. and N.A. Meetings in Kanab and Kaibab

All Kanab meetings on Utah time

SUNDAY			
Sunday Morning AA	68 West 400 North (American Legion Hall)	Kanab	10:00 AM
Grapevine Study AA	68 West 400 North (American Legion Hall)	Kanab	7:00 PM
MONDAY			
Came to Believe AA	Airport Search and Rescue Bldg. (2 nd Floor)	Kanab	NOON
Hang in There NA	68 West 400 North (American Legion Hall)	Kanab	7:00 PM
TUESDAY			
Talking Circle	Kaibab Community Bldg.	Kaibab	5:00 PM AZ TIME
NA Meeting	445 North Main St. (Southwest Center)	Kanab	7:00 PM
Singleness of Purpose AA	530 S. Hwy. 89A (United Church)	Kanab	8:00 PM
WEDNESDAY			
Newcomer's Meeting AA	68 West 400 North (American Legion Hall)	Kanab	NOON
Came to Believe AA	Airport Search and Rescue Bldg. (2 nd Floor)	Kanab	7:00 PM
THURSDAY			
Serenity Sisters AA	1569 S. Escalante	Kanab	5:30 PM
Singleness of Purpose AA	530 S. Hwy. 89A (United Church)	Kanab	5:30 PM
NA Meeting	68 West 400 North (American Legion Hall)	Kanab	6:30 PM
Kaibab Living Sober AA	Kaibab Community Bldg.	Kaibab	NOON AZ TIME
FRIDAY			
Nooners AA	68 West 400 North (American Legion Hall)	Kanab	NOON
Relax & Recover AA and Alanon	1314 S. Prairie Circle	Kanab	7:00 PM
SATURDAY			
NA Meeting	68 West 400 North (American Legion Hall)	Kanab	4:00 PM
Allered Attitudes (1 st SAT Only) Potluck	68 West 400 North (American Legion Hall)	Kanab	6:00 PM Potluck 7:00 PM Speaker
Speaker AA	68 West 400 North (American Legion Hall)	Kanab	7:00 PM



Bureau of Indian Affairs Now Hiring Student Trainee Wildland Firefighter Positions



If you're a student in high school, college, trade school or other qualifying educational institutions, the BIA Pathways Internship Program is for you! This program offers paid opportunities to work as a wildland firefighter for the Bureau of Indian Affairs or with a tribe to explore federal / tribal careers while completing your education.

Lists of minimum **Education Requirements** and **Key Eligibility Requirements** are [here](#).

How to Apply

Starting **February 9 through March 9, 2018**, www.USAJOBS.gov will begin advertising [BIA Student Trainee Wildland Firefighter positions](#). The duty stations for the positions are located throughout Indian Country, primarily in the western states.

Go directly to the job announcement at: <https://www.usajobs.gov/GetJob/ViewDetails/491125400>



or, find it and similar opportunities in USAJobs by selecting the **Students & recent graduates filter**, or the summer or seasonal appointment type filter in "search". Your results will display all jobs open to Students and recent graduates.

Tips for Job Seekers

-  [Tips for writing a student resume and interview tips](#) (PowerPoint)
-  [Example Resume for BIA Pathways Interns](#) (docx)
-  [BIA Guide to Creating a Recent Graduate Federal Resume](#) (pdf)

What do Fire Interns Do?

When starting, firefighters serve as a member of a [fuels](#) or [wildland fire crew](#) where they learn how to use specialized fire equipment such as engines and helicopters and how to work as a team to manage wildfires and remove hazardous fuels. Through this work, they get to know the wildland fire culture, develop [leadership skills](#), and begin learning how fire is a tool to help manage the landscapes they restore and protect.

Participant Agreement

The incumbent is required to sign a participant agreement prior to selection. This Agreement provides a condition of employment and up-front awareness to a selectee that the official duty location of the position may change, depending on agency needs, funding, and other unforeseeable conditions that arise at the time of initial appointment but that could factor into permanent placement at a later period of employment.



What is the BIA Office of Trust Services Pathways Internship Program



The [BIA, Office of Trust Services Pathways Internship Program](#) works to recruit, hire, develop, and retain high quality Native students for the programs we serve. Once such program is Wildland Fire Management. Through funding provided by the [BIA Branch of Wildland Fire Management](#), Fire interns receive \$5,000 in tuition assistance and seasonal employment opportunities working for BIA or tribal wildland fire management programs. In addition to tuition assistance and seasonal employment, upon graduation, BIA may place graduates directly into a career position within the BIA without competition.

To complete the Program, interns must accrue 640 hours of field experience. Their end-goal is to certify as an advanced firefighter (FFT1), which typically takes three to four summers. After completing the internship, firefighters' job positions will change to forest technician (fire) as they move into a permanent BIA or tribal position. Learn more about successful student interns [here](#).



<https://www.facebook.com/BIAFireForestry/>



<https://twitter.com/BIAFireForestry>

Salish Kootenai College (SKC)



SKC provides higher learning opportunities for students interested in pursuing degrees in natural resources, forestry or wildland fire management. SKC is currently the only tribal college in the nation that provides Bachelor of Science degrees emphasizing Forestry or Wildland Fire Management. Consequently, the BIA Student Internship Program partners with the [Salish Kootenai College Center for Tribal Research and Education in Ecosystem Sciences \(TREES\)](#) to administer the BIA Forestry/Wildland Fire Internships. While Student Interns do not have to attend SKC to participate in the Internship Program, students that do get the advantage of living in college dorm rooms while working on one of the many progressive fire crews managed by the Confederated Salish Kootenai Tribes.



www.facebook.com/skctrees

Fire Internship Program Coordinator

Full details about eligibility and the application process are available on the [Workforce Planning and Coordination Office Supporting Natural Resources and Tribal Youth Programs](#) Web page. For questions about the Wildland Fire Student Internships, contact the Fire Internship Program Coordinator, Craig Cook at treesfire@skc.edu or call 208.761.8653.



Water Quality

Kaibab Band of Paiute Indians

US Winters Arriving Earlier, Leaving Sooner

Following recent trends, 2016's winter was a month shorter than the average winter last century. The 2016 winter was extraordinary, with the average first freeze occurring two weeks later than the 20th century average and the last frost occurring nine days earlier. Over the past ten years, weather stations nationwide have recorded the start of the winter a week later than winters from 1971 to 1980. In an article by Seth Borenstein, Associated Press Science Writer, experts are quoted on research looking at changes that signal later falls and earlier springs. Ken Kunkel, a meteorologist at the National Oceanic and Atmospheric Administration's National Centers for Environmental Information, pointed out a trend starting around 1980 in which freezes occur later and later. Kunkel compare data from 700 weather stations across the United States going back to 1895 and found that while in some places the first freeze may occur earlier in some years, on average the trend is toward later freezes. Theresa Crimmins, a University of Arizona ecologist and assistant director of the National Phenology Network, which studies how plants and animals adapt to changes in seasonal timing, said that these changes may be good for some organisms but bad for others. According to University of Oklahoma meteorology professor Jason Furtado, shorter winters have long been predicted by climate scientists and can be expected to occur more frequently in the coming decades as a result of climate change. The Borenstein article can be found at <https://www.apnews.com/664a16182cbc4e3e9a26957f3cddc927>

Scott W. King
Water Quality Specialist
Kaibab Band Of Paiute Indians
sking@kaibabpaiute-nsn.gov

Beginners Key Chain Beading Class

Supplies are limited
20-spots Available
Sign -Up Sheet will be at Tribal
Office **March 2, 2018**

Class Instructor:

Raye Spute-Enas

Adult & Teen Participants:

The Eagle Mt. Community building is not wheel chair or handicap accessible as of yet be prepared to climb steep steps.

Tuesday, March 13th

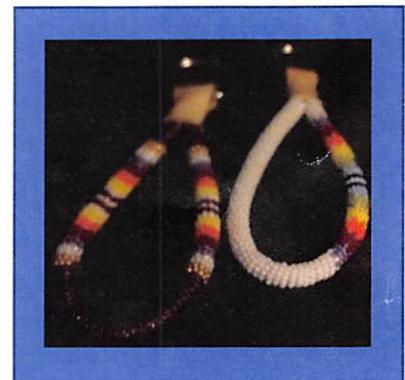
Location: **Eagle Mountain Community Bldg.**
Introduction to beading key chains, please be on time. Raye will provide hands on assistance to get everyone started. Class supplies will be handed out.



*NOTE: This is a 2-part class so be working on your key chains throughout the week/weekend to be ready for the next class.

Tuesday, March 20th

Location: **Kaibab Community Bldg.**
Completing your beaded Keychain. Raye will be showing us how to finish off the project.



All classes are from **5:30PM – 7:30PM** (two hours)

Snacks will be provided

(Although you are welcome to bring a snack to share with the group)

Each participant will receive supplies for each stage of class. **IMPORTANT** bring your supplies with you to each class **no replacement supplies available.**

**If you didn't sign-up but you have your own supplies (beads, para cord etc.) you are more than welcome to come out and join us.*

YOUTH Activities

Thank you to all of our participants who came out for our first Cultural Preservation Youth Activity for youth ages 5-12.

A Big THANK YOU to our parent helpers **Denise Spute** and **David Shearer!** Your willingness to jump right in and help with the activity was greatly appreciated!!



Our second youth activity went well and I learned that we have some very enthusiastic young beaders!

Thank you to our class instructor **Faye Rae Anderson** for teaching our older youth a fun new skill.



YOUTH AGES 5-12

Come join us on

Friday, February 23rd

2:00 – 5:00 PM

Kaibab Community Bldg.

For our next scheduled activity, we'll listen to speakers talk about traditional spiritual customs and we'll be making medicine bags.

**More Youth Activities in April
watch for flyers!**

2018 Grand Canyon Monitoring River Trip

June 5 -15, 2018

If you would like to go and experience the Grand Canyon while working for the Southern Paiute Consortium monitoring cultural sites along the river corridor, Please contact Charley Bullets, SPC Director if you are interested getting on the list!!

cbullets@kaibabpaiute-nsn.gov

Office # 928.643.6278

Cell # 435.689.1904

You must be a Kaibab Paiute Tribal Member
15-90 years of age



TRX CLASS

TUESDAYS

KAIBAB GYM

4:00 p.m.

We are having TRX training here at the gym! A strength training exercise group!

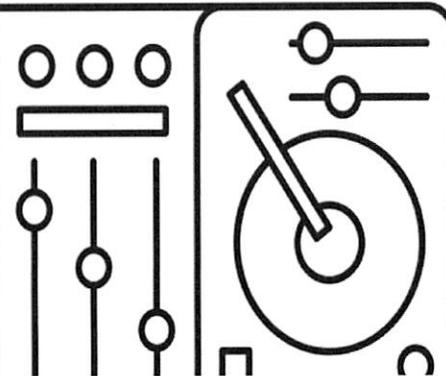
*For more info call
643-6007*

ZUMBA!

Wednesdays 3:00

**Join us for Zumba
at the gym! An awesome
cardio dance workout!**

**For more info call
643-6007**



ACTIVE ELDERS



EXERCISE CLASS

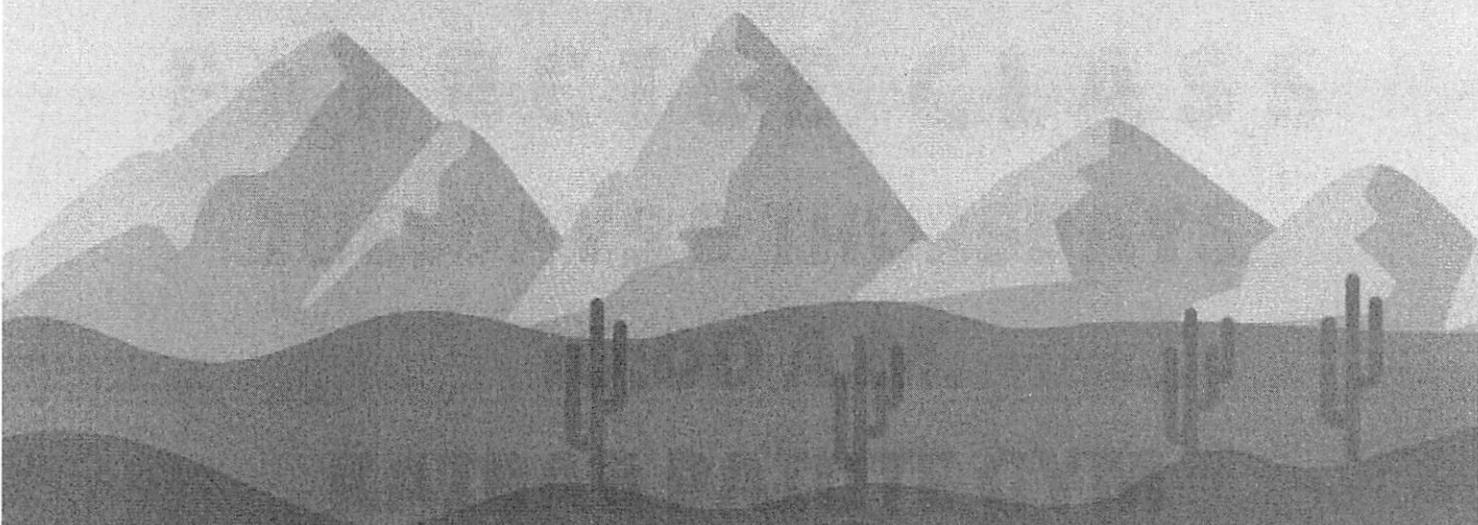
TUESDAYS & THURSDAYS

10:00 A.M.

KAIBAB PAIUTE GYM

ANY QUESTIONS CALL

CELIA 643-8333





HAPPY BIRTHDAY!

*to the alien friend, Cody,
I've got you in my sights.
love your squad~~*



Education Connection

March 2018

Library Hours
 Mon-Thurs 12-6
 Friday 9-3

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 <small>KCSD Board Mtg. 7 p.m.</small>	2 Youth Craft Activity 10:30-12:00	3
4	5	6 Education Committee Meeting 10 a.m. <small>FMUSD Board Mtg. 6 p.m.</small>	7	8	9 Will it WAFFLE? 10:00-11:30	10
11	12 <small>CCSD Board Mtg. 6 p.m.</small>	13	14	15 Tribal Council	16 Computer Workshop 1:00-3:00 pm	17
18	19	20	21 <small>CCSD Spring Break</small> Book Club Adult Coloring 5:00-6:00 p.m.	22 <small>CCSD Spring Break</small>	23 Family Fun Night 5:30 pm	24
25	26	27	28 <small>FMUSD Spring Break Early Release 2pm</small>	29 <small>FMUSD Spring Break</small>	30 Community Movie Night 6:00 pm	31

Check out our webpage for current information and flyers
<http://kpteducationlibrary.weebly.com/>

March Activities



Adult Book Club

Wednesday, March 21st

5:00-6:00 p.m. @ Library

“Nailbiter” by Joshua Williamson

Please join us for discussion, food, and prizes! If you are not able to attend, but would like to read the book and participate, please email me for the book report form.
abundy@kaibabpaiute-nsn.gov

Adult Coloring Night

Wednesday, March 21st

5-6:00p.m.

Come relax and unwind with an adult coloring book.

Coloring can reduce stress, anxiety, negative feelings, and much more. It is a therapeutic way to create mindfulness and focus. Materials will be provided.

Women’s Craft

March 28th

@ the Community Building

5:30-7:30

Brought to you by Housing and Library.

FRIDAY MOVIE NIGHT

AT THE

COMMUNITY BUILDING

Presented by Education and CHR

March 30th

6:00 p.m.

Vote for your favorite movie online!

CHR will be providing a free nutritious snack. Bring a comfy chair, your pj’s, and your family for a fun community event.

Computer Tools Workshop

March 16th

1:00-3:00 pm

Computer basic skills and tools for **Beginners and Intermediate users.** **5 spots available call to reserve yours today.**

Figure it OUT Friday!

Youth All ages

Friday, March 2nd

10:30-12:00

Can you figure it out?

Come test your detective skills!

Fredonia Moccasin Unified School District has a school board position open. Please visit or call Dorene Mudrow at the school for more information
928-643-7333

Family Night

March 23rd, 5:30-6:30

Community Building

Fun filled theme night playing games that incorporate learning, laughter, and excitement! Stay tuned for more details!

Will it WAFFLE??

Friday March 9th

Community Building Kitchen

10:00-11:30

A fun filled waffle making experiment for tweens and teens!

(10-18 years old)

Come HUNGRY!

★ HAPPY ★ BIRTHDAY!

March Birthdays

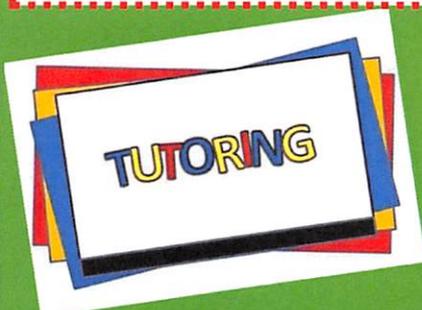
A very special Happy Birthday to:



Helena Burke
Breanna Burke
Adrian Cavanaugh
Legend Dryer
Trinity Goldbar
Mahlaney Lee
Tavian Levi
Drake Levi
Angel Moreno
Alex Ortiz
Ashley Rogers
Sungwuv Shearer
Tayla Timican
Ezekiel Williams
Mercutio Williams



In an ongoing effort to recognize our students, we will begin spotlighting birthdays. If you have a tribal student with a birthday that is not listed please call me to update my information 928-643-6025



**Tutoring hours are from
3:30-7:00 pm. (if students
are present)
Fridays by appointment**

Decorate the Shamrock and bring it to the library for a prize!
If you need a copy of the activity you can pick it up in the library

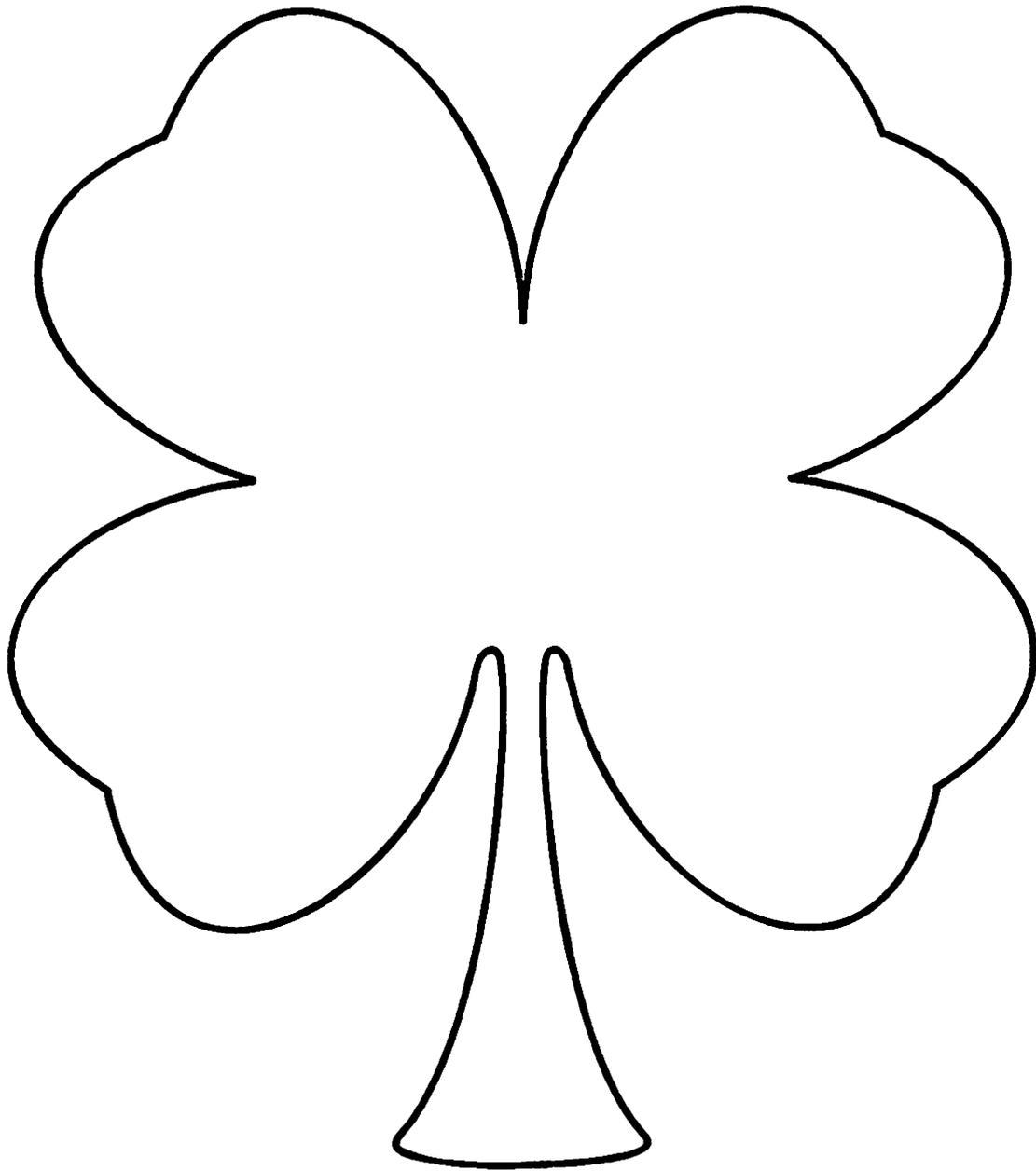


Patchwork Shamrock

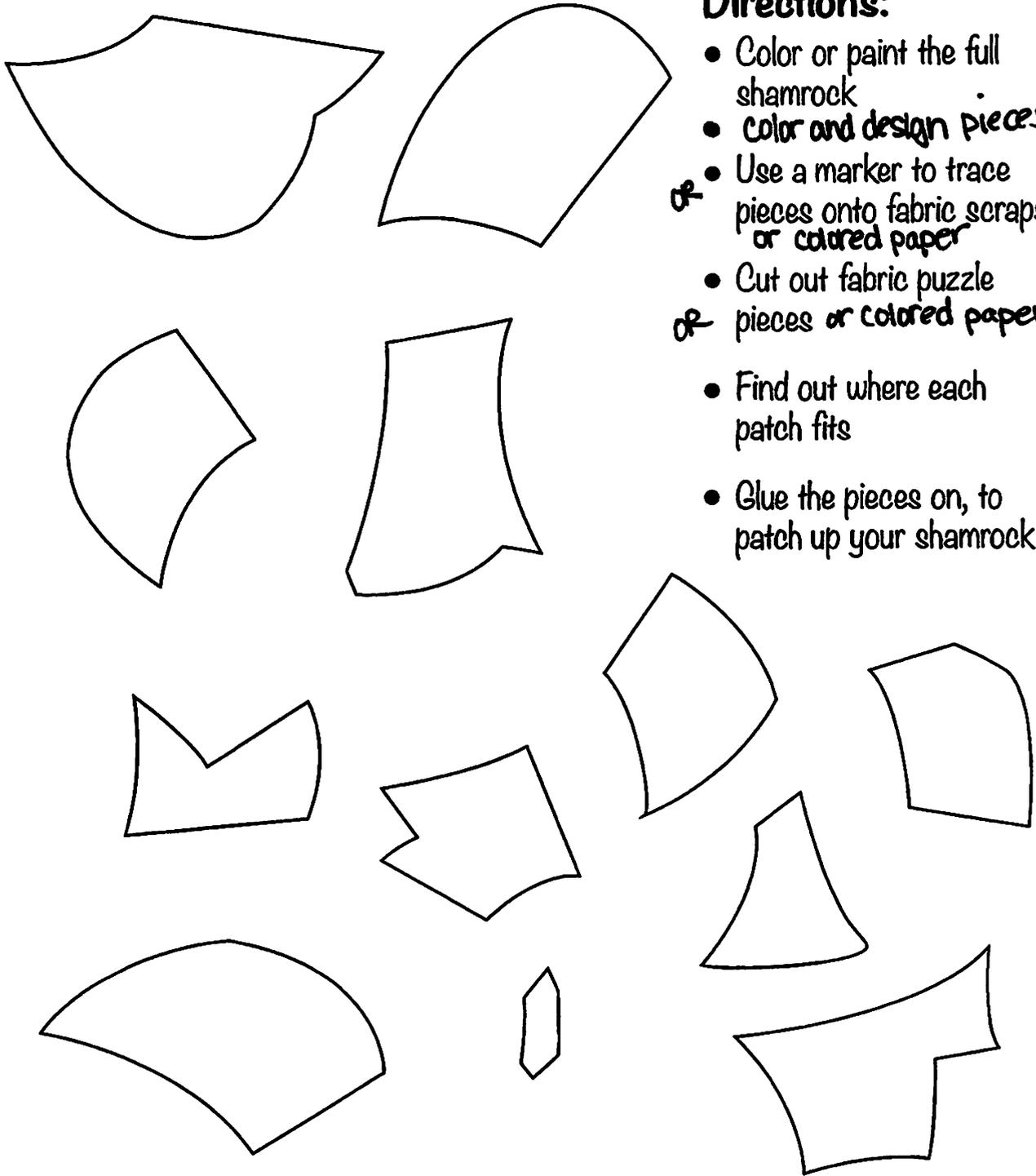


Directions:

Twist and turn your puzzle pieces to find out which leaf they fit on, and then paste them on.



✿ Fabric Scrap Shamrock Puzzle ✿



Directions:

- Color or paint the full shamrock
- **Color and design pieces**
- Use a marker to trace pieces onto fabric scraps or colored paper
- Cut out fabric puzzle pieces or colored paper
- Find out where each patch fits
- Glue the pieces on, to patch up your shamrock

✿ **For more of a challenge:** Trace and cut out a shamrock on fabric, and hand stitch fabric puzzle pieces onto it.