

# SMOKE SIGNALS

July 2018



## Happy Fourth of July

Be safe and have a fun weekend!!

## SUMMER TIME IS FINALLY HERE!

Remember to keep hydrated (which means to drink water) and dress appropriately!!



"Tah duh yak" means "It is hot"

### 2018 Thunder Mountain Basketball Camp



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## NOTICE

*Everyone **KEEP YOUR** dogs and cats well-watered and cool. Also, if hiking in them hills keep hydrated and remember to watch out for **REPTILES OF THE CRAWLING KIND!!!!***



The Hatch Valley Grill is looking for great employees and Managers. it's a fun place to work, and the food is amazing. If you, or someone you know needs a good job, consistent hours, and the opportunity to grow into a management position please submit an application to Human Resources or drop it by the Grill. Managers must be Serve Safe certified.



Thanks, and we'll be watching for you at the World-Famous Hatch Valley Grill!!



## PER CAPITA NEWS

### REMEMBER:

Changes need to be made by July 13, 2018, at the end of the business day, for the 2nd Quarter Per Capita. Anything received after this date and time will **NOT BE ACCEPTED!!** Thank you!

## Wildlife, Fisheries & Parks Department

**Lowring the Hunting Age** – From 12 years old to 10 years old, this will mean changing the Wildlife Ordinance so a 30 day notice is posted, comments can be directed to this Department in writing.

**Minors Hunters Safety Card** – Go to [hunter-ed.com](http://hunter-ed.com) - Everyone below the age of 18 needs a hunter's safety card or they need to attend one of the ones we do every October during the Youth Hunt, the child will need one to get a hunting permit. This is not something new it has been in the Ordinance since the beginning.

**Rattle Snakes** – It is the time of the year that everyone needs to watch out for them, so far we have been luck and no one has been bitten by one, if you encounter one give it a lot of space, never try to catch one, keep pets from disturbing them, If there near homes call housing or this Department.

**Coyote** - Are being seen in Village areas, Remember to not put food out for your pets, coyotes can come and eat it, when you let your pet outside keep an eye on it, coyotes have taken pets down near the homes, if you encounter or see a coyote in your village call Wildlife as soon as you can.

**Southern Paiute Youth hunt** – Any adult volunteering to help needs to have a background check this is because the Wildlife Department is funded by the Government 638 program. We will also need our Tribal youth to sign up early. Call me if you would like more information on this

**WATCHOUT FOR DEER** - on County Road 240 there is still a small group in the area.

**Off Highway Vehicles (OHV)** - stay on the roads, this also means stay out of the washes and watch out for Cattle.

**Back Dirt Roads** – If for some reason you take the back roads, beware because it is getting sandy, remember to tell someone where you are going and about when you will return, take a lot of water and some snacks, and bring a shovel, tow chain, and a jack, and pickup all litter, if the road gets sandy turn back you don't want to get stuck.. This Department advises not to go no Moccasin Mountain it is very dry and sandy, and hot during the day. If you know of someone that has gone out and not returned call this Department at any time, contact any Wildlife Committee member, or BIA-Police.

**Two Mile Hiking Trail Damage** – Persons unknown push and bent the 2 inch pipe that the gates connect too, if you have any information on this contact BIA Police.

**Fire Restrictions are in place** - On Monday June 4, 2018 someone started a Fire behind the water tank in the Kaibab Village which had the potential to burn down the Water Pump house and maybe some homes in Juniper Village, if you know who started it or have information contact BIA Police

Any questions contact Danny Bulletts, Jr. at 643-8305 `thank You



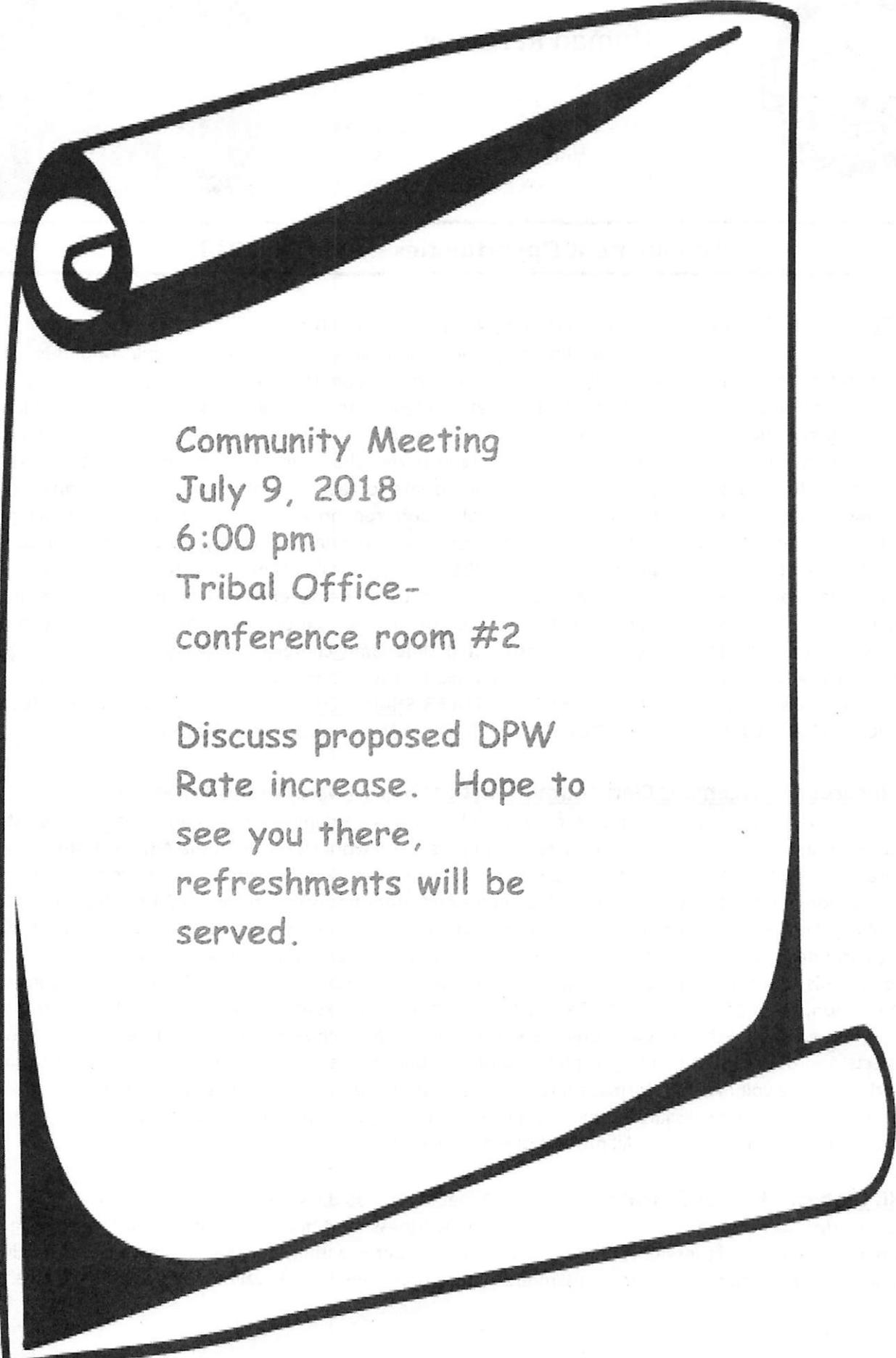
Picture from the remote camera of a rabbit running around at night.

**Lowering the hunting age from 12 years old, to 10 years old changing the ordinance to read:**

**K) MINOR HUNTING AND FISHING**

- 1) All minors the age of Ten (10) year old and eighteen (18) years of age must be accompanied by an adult eighteen years or older and have a valid hunters safety card from either this Department or any State. The minor must be in sight at all times and never allowed to walk along at any time.**
  
- 2) Non-member Minor Fishing: Each non-member child under the age of twelve (12) may fish without a permit when accompanied by a Non-member Adult permit holder. Each non-member adult permit holder may be accompanied by only one child under the age of twelve (12). A non-member child over the age of 12 must have an adult fishing permit. The non-member child can take ½ the legal limit of a regular permit, except in a fee area.**
  
- 3) Non-member Minor Hunting Small Game/Birds: A non-member under the age of fourteen (14) years may hunt small game or migratory birds if accompanied by a person holding a valid hunting permit for the activity the non-member child can take ½ legal limit of a regular permit.**
  
- 4) Non-member Minor Big Game Hunting: A non-member under the age of ten (10) years of age may not take big game. A non-member between the ages of ten (10) and seventeen (17) years of age inclusive, may take big game only if said minor possess a valid Hunters Safety card from either this Department or any State Game & Fish, and has a valid tribal permit and is accompanied by a person eighteen (18) years or older.**
  
- 5) Member Minor Big Game Hunting: A member minor under the age of ten (10) years may not take big game. A members between the ages of ten (10) years and seventeen (17) years of age inclusive, may take big game only if said minor has obtained a valid tribal permit, as may be required under this ordinance, and is accompanied by a person eighteen (18) years of age or older, and have taken a Tribal or State hunters safety course.**
  
- 6) Legal Spouse minor Hunting: child living with a tribal member between the ages of ten (10) and seventeen (17) years of age inclusive, may take big game only if said minor has obtained a valid permit, as may be required under this ordinance, and is accompanied by a person eighteen (18) years of age or older.**

**This will be posted for thirty (30) days, starting June 19, 2018.**



Community Meeting  
July 9, 2018  
6:00 pm  
Tribal Office-  
conference room #2

Discuss proposed DPW  
Rate increase. Hope to  
see you there,  
refreshments will be  
served.



## Human Resources

HC 65 Box 2  
Fredonia, AZ 86022

Phone: (928) 643-7245 Fax: (888) 294-9453

E-mail: [HR@kaibabpaiute-nsn.gov](mailto:HR@kaibabpaiute-nsn.gov)

Website: [www.kaibabpaiute-nsn.gov](http://www.kaibabpaiute-nsn.gov)



### Employment Opportunities – June 25, 2018

**NEW!**

**Probation Officer:** Part-Time (10 hrs wk)/No Benefits; \$12.00 hr

The Probation Officer is responsible for monitoring compliance of adult and juvenile offenders with Judgment and Sentencing Orders, Orders of Deferred Prosecution, Deferred Sentences and Conditions of Release after arraignment or bail hearing. Meet regularly with probation clients to verify compliance with drug and alcohol programs, domestic violence programs, mental health counseling, community service or any other condition of probation. File reports with the Court on the progress of each client as directed by the Judge. File documents when appropriate to seek revocation of a client's probation or provide Prosecutor with notice of a violation of a deferred prosecution agreement. Conduct presentence reports to give the Court a client's personal and criminal history, treatment alternatives already attempted and proposed sentencing alternatives. Make sentencing recommendations for Defendants upon the request of the Court or Prosecution. Represent the Probation Department in Tribal Court at revocation hearings in the absence of the Prosecutor. Monitor Defendants who are released from custody pending trial to ensure that Defendant complies with any requirements upon which his/her release from custody was conditioned. Must administer drug and alcohol testing to clients as ordered by the Court. **PROBATION OFFICER SHALL NOT HAVE THE AUTHORITY OF A POLICE OFFICER TO MAKE ARRESTS FOR VIOLATION OF PROBATION OR PAROLE AGREEMENTS.**

**NEW!**

**Records Management Clerk/Admin. Asst.:** 16 hours a week/No Benefits; \$10.50 hr

This position works under the direct supervision of the Tribal Administrator and provides administrative and secretarial support for the Administrator and those who work closely with the Administrative office. These may include Department Directors, and Chairperson with the main duties focused on the organization and filing of grant related documents and other important records. Establishes, develops, maintains and updates filing system for grants administration and as needed for Tribal Administrator. Types and designs general correspondence, memos, letters, charts, tables, graphs, agendas, etc. Make phone calls, research/locate requested information, assemble highly confidential and sensitive information. Acts as a liaison with Departments/Directors and assists in retrieval of information from files when needed. Schedules and organizes certain activities such as meetings, conference calls, travel, projects and department meetings/appointments relating to the Administrator's office. Organizes and prioritizes large volumes of information for Administration and Directors as needed. Assist departments with procurement of necessary supplies and research pricing on non-recurring purchases. Fill in at front entrance reception as needed. All other duties as assigned.

**CHR Diabetes Health Educator:** Full-Time/Benefits after 90 days; \$9.50 hr

This position works within the scope of the diabetes, fitness, and health education grant; educating on proper nutrition and fitness to minimize incidence of diabetes within the tribal communities. Develops and implements a plan of care on assessments of nutritional needs and available sources. Correlates the

plan with other health care services. Evaluates nutritional care and provides follow-up continuity of care. Instructs individuals and families in nutritional principles, diet, food selection, and economics and adapts to teaching plans to individual life style and cultural preferences. Input data into SOS (IHS) database, participate in interactive webinars and conference calls, and attend all required meetings and trainings. Plans, conducts and evaluates dietary studies and participates in diabetic-related studies with nutritional components. Monitor blood sugar, educate monthly, and A1-C testing every three months. Prepare and submit monthly, quarterly, and annual reports. Prepare and teach quarterly nutrition classes.

**CHR Registered Nurse:** 24 hrs wk/Benefits after 90 days; \$24.00 hr

Must be clinically competent while delivering care to Kaibab Paiute Tribal patients in the community. Utilizing the nursing process of assessment, planning, intervention, implementation, and evaluation, the RN will effectively interact with patients, significant others, and other health team members. Provide services through case management on a consistent basis, including screening and ongoing assessment of patients: screen and assess patient; obtain and record vital signs; maintain immunization program for all tribal members and other federally recognized tribal members. Document and prepare clear, concise reports; maintain accurate patient records on PCC (patient care component); complete documentation in a timely manner; write and submit monthly reports. Promotes the efficient and effective use of a variety of healthcare resources by focusing on the whole patient. Services provided include but are not limited to: education regarding diabetes and hypertension prevention and management; maternal and child health; women's and men's health; substance abuse and communicable disease control. Assure that systems are in place with regards to safe guarding patients medical information in accordance with HIPPA regulations. Work collaboratively with other members of the healthcare team in coordination of the patient's care. Answer phone calls and other inquires in a timely manner. Occasionally transport patient to doctors' appointments. All other duties as assigned.

**Language Program Director:** 25 Hours per Week/Benefits after 90 days; \$9.00 hr

The Language Program Director must be a Member of a Southern Paiute Tribe with leadership abilities who has a vision for the Tribal language program. The Language Program Director will be responsible to recruit and supervise language teachers and cultural consultants. Create lesson plans and assist teachers in carrying out those lessons. Make sure students/youth have a ride to class each week. Incumbent must speak the Paiute language or have knowledge of the Paiute language and culture and be willing to learn more. Assist in recording language lessons for Tribal Members' use. All other duties as assigned.

**RV Park Host & Maintenance Worker:** Part-Time Afternoons/Evenings/20-24 hr wk, On Call/No Benefits; \$10.00 hr

This position is 20-24 hours per week or on-call dependent upon RV Park usage. Provide a quality recreational experience for visitors within the Kaibab Paiute RV Park; maintain and assist in cleaning all RV Park restrooms, shower and laundry facilities. Manage operational functions of the RV Park during shift as needed; includes collecting fees, interacting with guests during check-in & check-out, and taking phone reservations. As needed perform regular general clean-up maintenance of RV Park: operate lawn mowers, leaf blowers, and a variety of other small equipment needed for landscaping. Empty trash on a regular basis and remove weeds. Report danger or damage to RV Park property, equipment, or electrical boxes immediately to Supervisor. Take initiative in getting job duties and tasks completed without direction or direct supervision. Perform and complete all other duties as assigned.

**Day Laborer:** Temporary/No Benefits, \$7.25 hr

From time to time, the Kaibab Band of Paiute Indians may hire employees for specific periods of time or for the completion of a specific project. The job assignment, work schedule and duration of the position will be determined on an individual basis. Duties and responsibilities will vary from department to department depending on assignment. No person employed under this policy and procedure may work for more than two calendar weeks at the same position for the same program. Any employment activity taking longer than two weeks to complete must follow normal temporary hire procedures.

**Hatch Valley Grill Restaurant Manager:** Full-Time/Benefits after 90 days; Wage DOQ\*

The Manager is responsible for the leadership, management vision, and overall success of the Hatch Valley Grill Restaurant. The Manager is responsible to ensure the facility has the proper controls, reporting, and people in place to effectively and efficiently grow the business to ensure profitability and a positive customer experience. Oversee day-to-day activities of Hatch Valley Grill. Is responsible for all personnel management. Responsible for scheduling of personnel and making sure management is present or available by phone for all shifts. Directs and coordinates all business activities, including pricing, sales, and distribution of products. Ensures the timely and accurate delivery of invoices, check requests, weekly and monthly reports, this includes a monthly oral report to Tribal Council. Have a clear understanding of the store budget and revenue. Reviews financial statements, sales and activity reports and other performance data to measure productivity and goal achievement. Ensures a clean and safe work environment for employees and customers. Implement improvements and cost containment to assure profitability and success of the business. Responsible for store inventory, point-of-sales accurate recordkeeping, and sound money management practices. Works to develop and maintain productive business relations with vendors, suppliers, and all business partners. Stay Current with industry trends. Ensure store assets are properly maintained. Know and follow all applicable OSHA, federal, and tribal laws and regulations. Must have and maintain a current ServeSafe certification.

**Hatch Valley Grill Assistant Manager:** Full-Time; \$12.00 to \$14.00 DOQ\*

The Assistant Manager is responsible for the leadership, management vision, and overall success of the Hatch Valley Grill Restaurant when the restaurant manager is not present. Oversees the shift by shift activities of the Hatch Valley Grill. Assists the manager with personnel management including, but not limited to, selection, performance appraisals, professional development, and discipline. Ensures a clean and safe work environment for employees and customers. Ensures all policies and procedures are followed. Know and follow all applicable OSHA, federal, and tribal laws and regulations. Must have and maintain a current ServeSafe certification. All other duties as assigned or required.

**Hatch Valley Grill Restaurant Crew Leader:** Part-Time (20-30 hrs wk)/No Benefits; \$10.00 hr DOQ\*

The Crew Leader is responsible for leadership, shift activities, and success of the Hatch Valley Grill Restaurant when the restaurant manager and assistant manager are not present. Duties and responsibilities include, assist the manager and assistant manager by managing the shift by shift activities of the Hatch Valley Grill. Must be able to model to subordinates as well as to provide excellent customer service to patrons. Ensures a clean and safe work environment for employees and customers. Ensures all policies and procedures are followed. Know and follows all applicable OSHA, federal, and tribal laws and regulations. All other duties as assigned or required.

\*DOQ = Depends on Qualifications

**For full job description and qualifications see Human Resources or website.**

*Please follow the guidelines listed below when filling out your application:*

1. Complete the Application for Employment in its entirety, providing detailed and accurate information; include area codes with phone numbers, city, state zip codes with addresses, particularly on the Employment History section. Incomplete applications will not be considered.
2. Indian Preference will be given if an attached copy of your tribal document or ID card demonstrating proof of eligibility.  
Return the completed application and the following: education requirement verifications, copy of driver's license and 36 month driving record, and two completed fingerprint cards (available at the Human Resource Office) to the
3. Tribal Affairs Building located at 1 North Pipe Spring Road and HWY 389. Applications and verifications will be accepted by mail: HC 65 Box 2, Fredonia, AZ 86022.
4. Any offer of employment will be contingent upon the satisfactory completion

It is important your application show all relevant education & experience you possess, including transcripts, diplomas, training certificates, 36 month driving record, etc. **Applications will not be considered if incomplete.** HR will accept resumes, however, the applicant understands that it is not in lieu of the application; "see resume attached" on the application will not be accepted.

Pre-employment background screening will be conducted. All Positions require a high school diploma or GED except for Day Laborer, Language Director, and C-Store Clerk. Full-time positions will receive full benefits that include Medical, Dental, Vision, HRA, Gap Insurance, plus Annual and Sick Leave, 13 paid Holidays and Birthday Leave.

**CONFIDENTIALITY:**

Each employee is required to sign a confidentiality agreement. Violation of this agreement can result in immediate dismissal.

## **Greetings from Tobacco,**

**It is important to be aware of the latest fads that are appealing to our youth when it comes to commercial tobacco. Tobacco use in youth is at an all-time high. The difference in use now is that the tobacco industry has found new ways to promote their products, making them seemingly safe to use. This is false information, as state officials of ADHS are testing these products and finding that they contain not only nicotine but many other harmful substances including carbon monoxide.**

**Products such as Vapes, vape juice, Juul, MarkTen Elite, PAX Era to name a few to be aware of. The following information comes from U.S. department of Health and Human Services. Please take some time and read this important information.**

**Tobacco Coordinator,**

**Valerie Martinez**

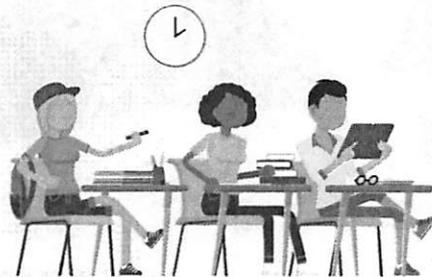
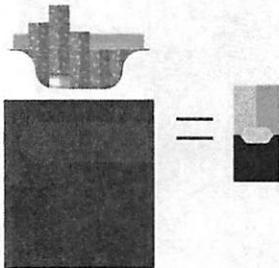
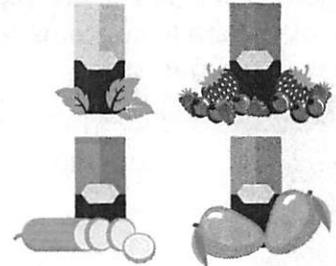
**(928) 643-8335 / [vmartinez@kaibabpaiute-nsn.gov](mailto:vmartinez@kaibabpaiute-nsn.gov)**

# AN INCREASINGLY POPULAR E-CIGARETTE DEVICE, CALLED JUUL, IS SHAPED LIKE A USB FLASH DRIVE.



Use of JUUL is sometimes called "JUULing."

JUUL's nicotine liquid refills are called "pods." JUUL is available in several flavors such as Cool Cucumber, Fruit Medley, Mango, and Mint.

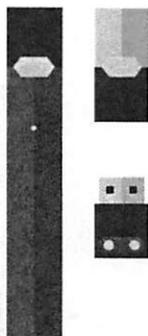


All JUUL e-cigarettes have a high level of nicotine. According to the manufacturer, a single JUUL pod contains as much nicotine as a pack of 20 regular cigarettes.

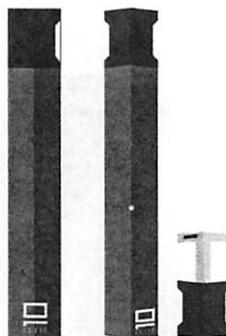
JUUL became available for sale in the United States in 2015. As of December 2017, JUUL is the top-selling e-cigarette brand in the United States.

News outlets and social media sites report widespread use of JUUL by students in schools, including in classrooms and bathrooms.

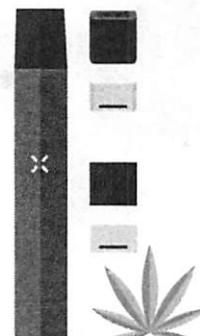
Other devices are becoming available that look like USB flash drives. Examples include the MarkTen Elite, a nicotine delivery device, and the PAX Era, a marijuana delivery device that looks like JUUL.



JUUL



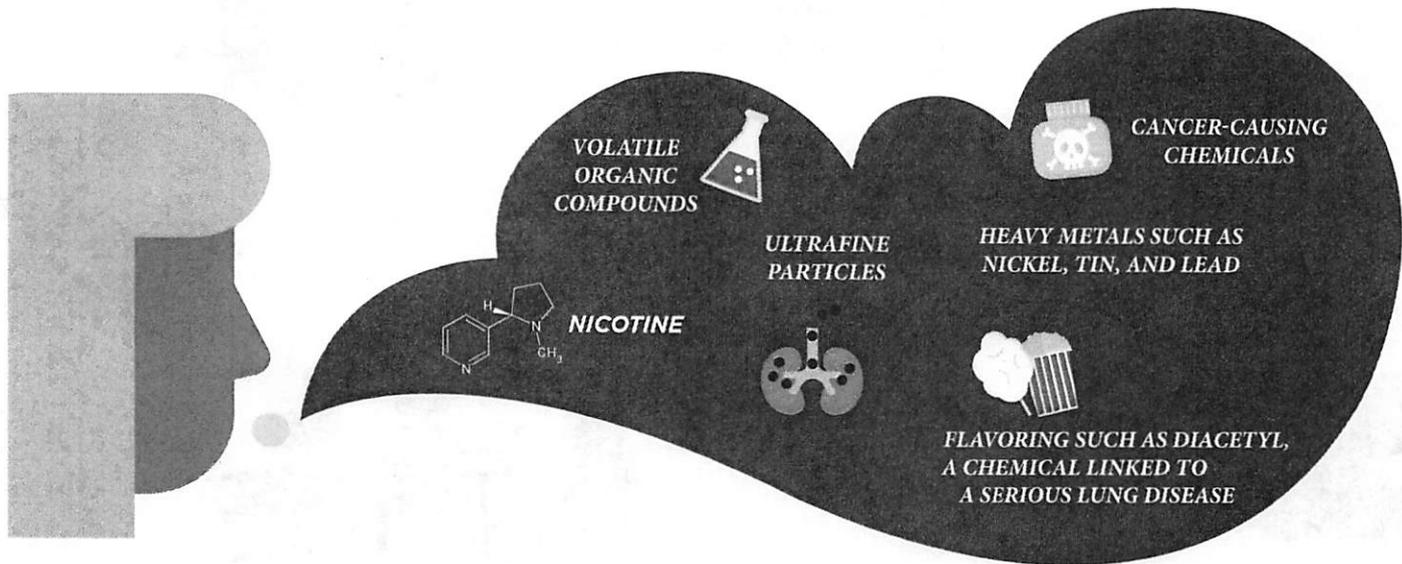
MarkTen Elite



PAX Era

# E-CIGARETTE USE IS NOT SAFE FOR YOUNG PEOPLE.

E-cigarette aerosol is not harmless. It can contain harmful ingredients. However, e-cigarette aerosol generally contains fewer harmful chemicals than smoke from burned tobacco products, like regular cigarettes.



Most e-cigarettes contain *nicotine*, which is highly addictive and can *harm brain development*, which continues until about *age 25*.



**YOUNG PEOPLE WHO USE E-CIGARETTES MAY BE MORE LIKELY TO GO ON TO USE REGULAR CIGARETTES.**



## Foot Care

Healthy feet are key to being physically active, whether you're just getting started or your feet have been subject to years of wear and tear from a variety of physical activities like running, dancing, biking, or playing basketball, soccer, or tennis. Going too far, too fast or not warming up properly before physical activity can set you up for painful foot injuries.

**Play it safe.** Exercise your feet to increase blood flow, which is important for general foot health. Walking is a great way to exercise your feet. You can also try specific foot exercises. Sit down and rotate your ankles in one direction, then the other. In bare feet, sit in a chair and curl your toes, then spread them out. This exercise stretches and strengthens your feet and helps your balance.

**Check your feet often.** Look for cuts, blisters, and ingrown toenails. You can use a mirror to check the bottoms of your feet. If you have diabetes, be sure to check your feet every day.

**Be kind to your feet.** Take good care of them:

- Wash your feet regularly, especially between your toes. A warm foot bath is also helpful.
- Wear clean socks.
- Make sure your feet are dry before you put on your shoes.
- Wear comfortable, well-fitting shoes.
- Wear shoes when you're outside.
- To help the circulation in your feet, put them up when you're sitting. Stretching, walking, or having a gentle foot massage also helps.
- If you are sitting for a long time, stand up and move around every now and then.
- If you cross your legs when sitting, reverse or uncross them often.



### Quick Tip

If you're having a problem with your feet, talk with your family doctor or see a podiatrist, a doctor who treats feet.

### VISIT

[www.nia.nih.gov/Go4Life](http://www.nia.nih.gov/Go4Life)

- Read the *Fitness Shoes and Clothes* tip sheet.
- Learn how to add physical activity to your busy day.

[www.nia.nih.gov/health](http://www.nia.nih.gov/health)

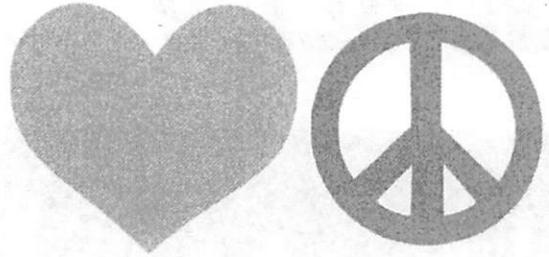
- Read the *Foot Care AgePage*.



National Institute on Aging

It's going to be a Groovy Day

Come Out For Our



# Elder's Day Celebration

Friday July 13th, 2018

10 a.m. to 4 p.m.

DOCUMENT  
SHRED TRUCK

TRADITIONAL  
DEMONSTRATIONS

The Paiute Indian Tribe of Utah

440 North Paiute Dr., Cedar City UT

*A day for our young 55 and older*

INFORMATION BOOTHS

CRAFTS

PHOTO BOOTH

PRIZES

PAMPERING

LUNCH

60's BEST DRESS

**B-I-N-G-O**



HAPPY TO BE ALIVE

*"Too'veets Souee'yea Nung'wookain"*

For More Information please contact

Charlotte or Tanayah

(435) 586-1112 Ext. 305/313

# HILDALE - COLORADO CITY FIRE DEPARTMENT

EXPECT EXCELLENCE

## Safety Bulletin

### Outdoor Burning Procedures

The Fire Department is asking all citizens for help as the spring growth dries out with hot, dry, windy weather. Please clear all weeds and dry ground cover from around homes, barns, sheds, fences and propane tanks.

Any open burning must be called in to the Fire Department at 928.875.2400. The Fire Duty Officer will determine if it is safe to burn that day, and a **PERMIT may be issued**. (The permit may be a verbal permit number).

Early morning is best for open burning, before the hot afternoon winds pick up.

Dispatch is made aware each day of predicted RED FLAG WARNING conditions that signal extreme fire weather such as hot, dry winds and low humidity.

***A fire engine will be dispatched to any report of smoke or fire that has not been issued a permit.***

### Safe Burning Procedures

- **Early morning is best.**
- **25 ft. clear area around burn site.**
- **Charged garden hose that reaches all the way around the area to be burned.**
- **Hand tools, such as shovels, readily available.**
- **Responsible person over 16 years of age attending.**
- **Burn only weeds, leaves, branches and trimmings. (It is illegal to burn anything else at any time. No tires, plastic or rubbish).**
- **Call for permit. 928.875.2400**

# NOTICE

2018

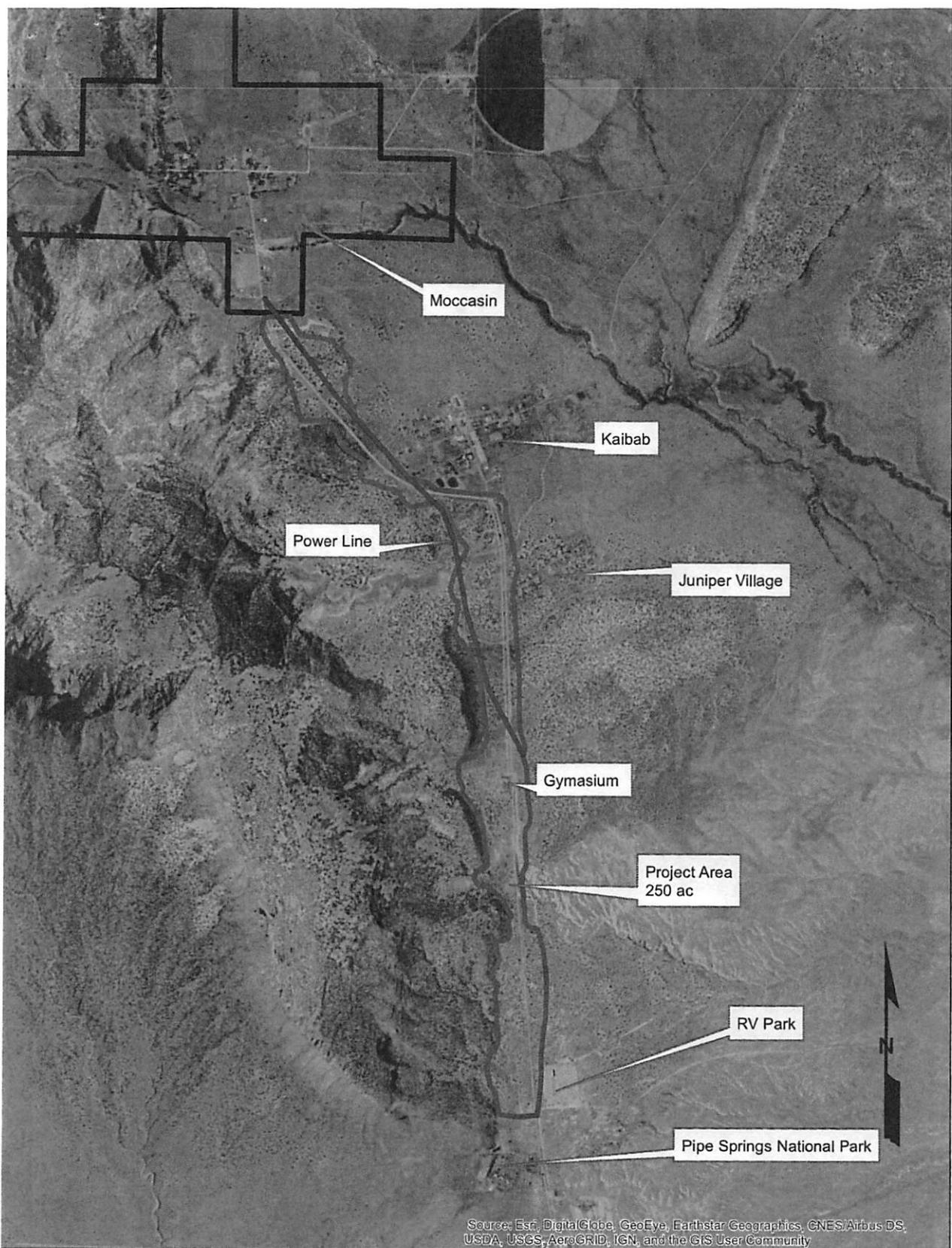
## Kaibab Paiute Mistletoe Project

### BIA Southern Paiute Agency will implement Cutting & Clearing Affected Trees

- Project will have a BIA work ground crew and a large machinery
- Project start time July to August 2018
- Proceed with a test area
- Wood will be saved for firewood
- Tribal Monitor(s) will be on site/project
- Questions call Vincent Toya, Tribal Administrator (928)643-7245

#### Key Points of the Problem in Pinon Juniper Trees

- Dwarf mistletoes is a Forest Pest Management and affect tree growth and form.
- Dwarf mistletoe shoots this parasitic gel to surrounding healthy trees and infect.
- Control is accomplished by killing infected trees and preventing spread to young trees.
- Seeds are consumed by a variety of birds, mammals and insects.
- They are formed as Parasitic Plants causing significant damage to trees
- Be cautiously on the look-out for manpower and heavy equipment when project starts
- Map of Project Area included (Pipe Springs Road to Moccasin Boundary)



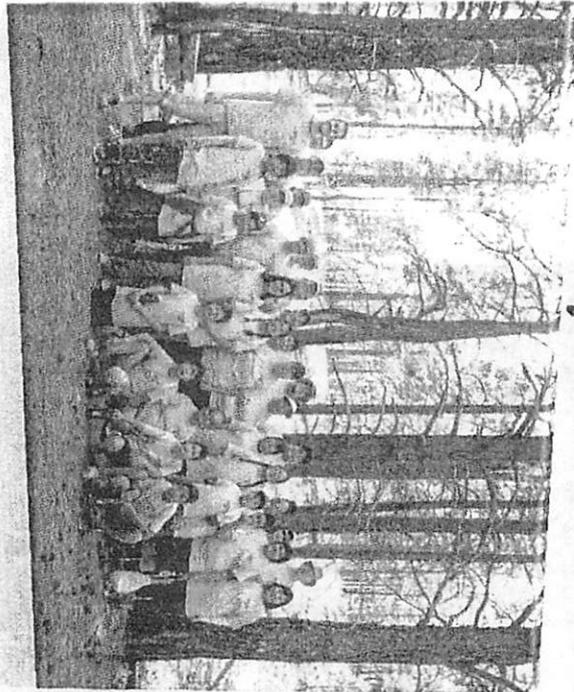
Source: Esri, DigitalGlobe, GeoEye, Earthstar Geographics, CNES/Airbus DS, USDA, USGS, AeroGRID, IGN, and the GIS User Community

# YEVINGKARERE YOUTH CAMP

“PONDEROSA PINE SITTING”



## September 14, 15, 16, 2018



- 3 day, 2 night trip to Mt. Trumbull
- Camping and Traditional Activities
- Must be an enrolled member of the Southern Paiute Nations, or a descendant of.
- 10 to 12 years of age

**Cost is Free!**



**APPLICATIONS DUE BY  
AUGUST 17th, 2018**

For camp Applications and questions>Contact :

Daniel Bulletts, Special Projects Director

Phone: 928-643-8311

email: [dbulletts@kaibabpaiute-nsn.gov](mailto:dbulletts@kaibabpaiute-nsn.gov)

# KWIYAMUNTSI

## "Oak Plateau"

CAREER THROUGH CULTURE TRADITIONS CAMP

AUGUST 2, 3, 4, 5, 2018

Pine Valley Campground on the Dixie National Forest



- **7th - 9th Graders, Cost is Free!**
  - **4 Days and 3 Nights Camping**
  - **Must be an enrolled member of the Southern Paiute Nation, or a descendent of.**
- Applications Due By July 20th, 2018**

For Applications and Questions  
Contact:

Daniel Bullets, Special Project Director

Phone: 928-643-8311

email: [dbullets@kaibabpaiute-nsn.gov](mailto:dbullets@kaibabpaiute-nsn.gov)

# Water Quality

## Part 2

### The sources

Reliable figures are hard to come by, but it's a safe assumption that we, as consumers, are responsible for a hefty percentage of the pharmaceutical and personal care products that wind up in lakes, rivers, and streams. The typical American medicine cabinet is full of unused and expired drugs, only a fraction of which get disposed of properly. Data collected from a medication collection program in California in 2007 suggest that about half of all medications — both prescription and over-the-counter — are discarded. That's probably a high-end estimate, but even if the real proportion is lower, there's a lot of unused medication that can potentially get into the water.

Chemicals also get into the water from the drugs we use. Our bodies metabolize only a fraction of most drugs we swallow. Most of the remainder is excreted in urine or feces (some is sweated out) and therefore gets into wastewater. An increasing number of medications are applied as creams or lotions, and the unabsorbed portions of those medications can contribute to the pollution problem when they get washed off. It's been calculated, for example, that one man's use of testosterone cream can wind up putting as much of the hormone into the water as the natural excretions from 300 men.

Health care institutions are another source of pharmaceutical water pollution. Hospitals are probably less of a problem than nursing homes because they typically have on-site pharmacies with arrangements in place to return unused drugs to manufacturers for credit or disposal. Nursing homes, though, have often been guilty of flushing medications down the toilet or drain after a patient dies or is transferred to another facility. Typically, they don't have the same kind of return arrangements as hospitals. And the rules for getting rid of opioid painkillers, which make disposal down the drain an acceptable option, have inadvertently encouraged some nursing homes to dispose of all their leftover medications that way.

Drug manufacturing also results in some pharmaceutical pollution, although some factories are bigger problem than others. For example, a U.S. Geological Survey study found contamination levels downstream from two drug manufacturing plants in New York State that were 10 to 1,000 times higher than those at comparable facilities around the country.

Agriculture is another major source. The two trillion pounds of animal waste generated by large-scale poultry and livestock operations in this country is laced with hormones and antibiotics fed to animals to make them grow faster and to keep them from getting sick. Inevitably, some of those hormones and antibiotics leach into groundwater or get into waterways.

RESCHEDULED!



# RX 360 - Prescription Drug Abuse Prevention for Teens and Adults

by Julie Craig from Arizona Youth Partnership

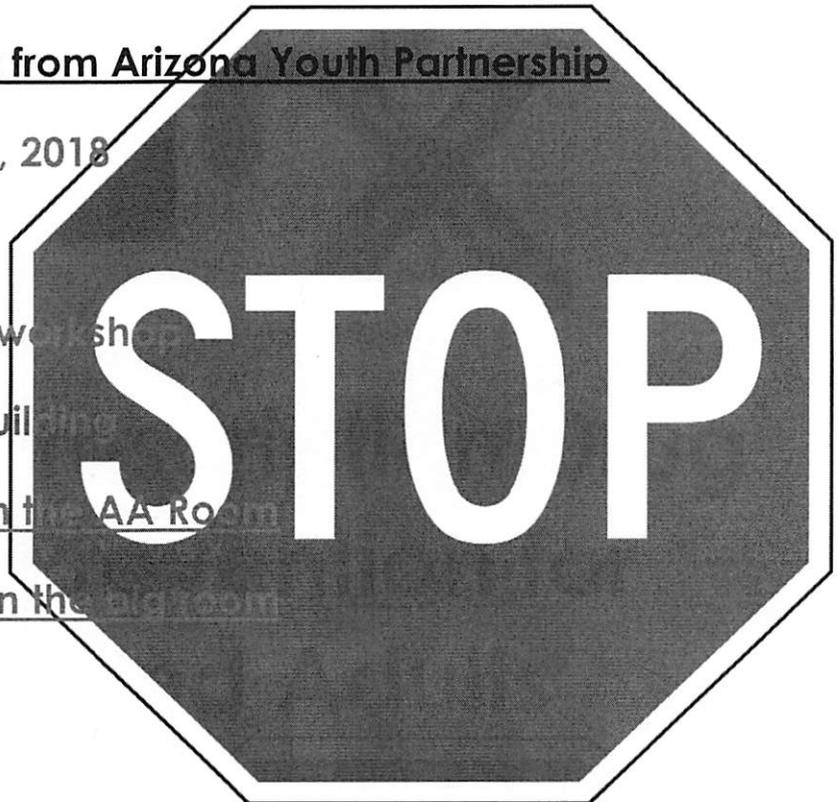
When: Monday July 9, 2018

Time: 10:00 am

Lunch provided after workshop

Where: Community Building

- Teens will meet in the AA Room
- Adults will meet in the big room



Sponsored by SAP, SS and MH

Questions call Penny @ 643-8323

## AA, NA and Al-Anon Meetings in Kanab and Kaibab Reservation

All Kanab meetings on Utah time

<b>SUNDAY</b>			
Sunday Morning AA	68 West 400 North (American Legion Hall)	Kanab	10:00 AM
Grapevine Study AA	68 West 400 North (American Legion Hall)	Kanab	7:00 PM
Al-Anon Meeting	530 S. Hwy 89A (United Church)	Kanab	6:00 PM
<b>MONDAY</b>			
Came to Believe AA	Airport Search and Rescue Bldg. (2 <sup>nd</sup> Floor)	Kanab	NOON
Hang in There NA	68 West 400 North (American Legion Hall)	Kanab	7:00 PM
<b>TUESDAY</b>			
Red Road Talking Circle	Community Building	Kaibab	5:00 PM
NA Meeting	445 N Main St. (Southwest Center)	Kanab	7:00 PM
Singleness of Purpose AA	530 S. Hwy. 89A (United Church)	Kanab	8:00 PM
<b>WEDNESDAY</b>			
Newcomer's Meeting AA	68 West 400 North (American Legion Hall)	Kanab	NOON
Al-Anon Meeting	530 S. Hwy 89A	Kanab	6:00 PM
<b>THURSDAY</b>			
Kaibab Living Sober AA	Kaibab Tribal Community Bldg.	Kaibab	NOON AZ TIME
Came to Believe AA	Airport Search and Rescue Bldg (2 <sup>nd</sup> floor)	Kanab	NOON
Singleness of Purpose AA	530 S. Hwy. 89A (United Church)	Kanab	5:30 PM
Serenity Sisters AA	1569 S. Escalante	Kanab	5:30 PM
NA Meeting	68 West 400 North (American Legion Hall)	Kanab	6:30 PM
<b>FRIDAY</b>			
Nooners AA	68 West 400 North (American Legion Hall)	Kanab	NOON
Relax & Recover Alanon	1314 S. Prairie Circle	Kanab	7:30 PM
<b>SATURDAY</b>			
NA Meeting	68 West 400 North (American Legion Hall)	Kanab	4:00 PM
Altered Attitudes (1 <sup>st</sup> SAT Only) Potluck	68 West 400 North (American Legion Hall)	Kanab	6:00 PM Potluck 7:00 PM Speaker
Speaker AA	68 West 400 North	Kanab	7:00 PM

## A BIG THANK YOU!!

The Kaibab Band of Paiute Indians would like to Thank the Inter-Tribal Council of AZ for providing the funding to purchase this 2017 Dodge Caravan for the Title III Program. This will enable the program under the Congregate Meals to efficiently adapt with reliable transportation which includes our Seniors to given this opportunity.

Thanks to our Tribal Council whom supported this effort for this purchase which is a great investment for our program. We continue our collaborations to further the support and enhancements from ITCA, these benefits are certainly appreciated!!!!





# Education Connection

## July 2018

**Summer Library Hours**  
 Mon-Thurs 10-4:30  
 Friday 9-3

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3 FMUSD Board Mtg. 6 p.m.	4 4th of July	5 KCSO Board Mtg. 7 p.m.	6	7
Library Closed						
8	9 CCSD Board Mtg. 6 p.m.	10	11	12 Education Committee Meeting 1:00 pm	13 Computer Workshop 1:00-3:00 pm	14
15	16	17	18	19 Tribal Council	20 Will it WAFFLE? 11:00-12:30 pm Journaling 1:00pm-2:00pm	21
22	23	24	25	26	27	28
29	30	31	Robotics Summer Workshops			
Check out our webpage for current information and flyers <a href="http://kpteducationlibrary.weebly.com/">http://kpteducationlibrary.weebly.com/</a>						

# July Activities



## Will it WAFFLE??

Friday, July 20th

Community Building Kitchen

11:00-12:30

A fun filled waffle making  
experiment for tweens and teens!

(10-18 years old)

Come HUNGRY!

## Women's Craft

August 29th

@ the Community Building

Time and Date to be determined

Brought to you by Housing and Library.



## Book Club

Resuming in  
September

5:00-6:00 p.m. @ Library

### Book Tasting

We will be reading a chapter or  
two from many different books  
from every genre. Please join us  
for discussion, food, and prizes!

If you are not able to attend,  
but would like to read the book  
and

participate, please email me for  
the book report form.

[abundy@kaibabpaiute-nsn.gov](mailto:abundy@kaibabpaiute-nsn.gov)

## Robotics Summer Workshops

Youth All ages

Monday, July 30th—Early Learning—10:00 am

Monday, July 30th—Robotics Family Night @ Community Building from

5:30-7:00 pm Dinner Provided

Tuesday, July 31st—Youth 10-16—1:00-3:00 pm

Wednesday, August 1st—Youth 5-9—1:00-3:00 pm

Come play, create, and complete robotics challenges with the  
new Cubelets set provided to the library with a STEM grant.

## Computer Workshop

Create a Blog

July 13th

1:00-3:00 pm

Create your own blog using Weebly, Wix, or  
Squarespace. Use your blog to journal, write articles  
of interest, capture photo galleries, and much more!

5 spots available call to  
reserve yours today.

Happy July 4th

# CONGRATULATIONS 2018 GRADUATES

Dylan Jake

## ★HAPPY★ BIRTHDAY!

### July Birthdays

A very special Happy Birthday to:



Austin Bullets

Kaleb Goldbar

Braiden Levi

Clowie Levi

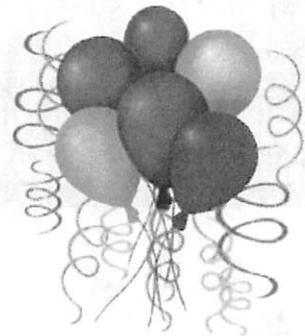
Jade Levi

Aiden Roberts

Tavavee Shearer

Aiyuvee Shearer

Braden Karver Tom



In an ongoing effort to recognize our students, we will begin spotlighting birthdays. If you have a tribal student with a birthday that is not listed please call me to update my information 928-643-6025